

Seed & Soil



2026 Catalog

Cannabis • Herbs • Flowers • Vegetables

Grown Under the Sun, Moon, and Stars in Monroe, Maine



www.seedandsoilmaine.com



Seed & Soil



Seed & Soil is a homestead seed company. We love our wild gardens and all their surprises. Like most home gardeners and unlike most commercial operations, we manage it very much by feel, not formula. We enjoy as much time in the garden as possible. On the risky path of turning a passion into a business, we leaned in to Cannabis. Our work has been well received: we refine acclaimed strains for the Maine outdoor climate and breed exciting new varieties, especially autoflowers. But the drive behind all these efforts is to consume the best, freshest goods from our own backyard and help others do the same. Our herb, flower, vegetable and cannabis varieties are selected for diversity, beauty, taste, aroma and adaptability. Uniformity is important but more important to us is a plant's ability to thrive in varied environmental conditions. We breed with large populations, outdoors, in native soil, using minimal inputs. This helps our neighbors have sturdy plants that don't need to be coddled in our climate.

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2025 Recap Eleven out of the twelve spring Saturdays that our nursery was open for plant sales, it rained. Special thanks to our customers and employees who came anyway for the sake of plants and seeds. After spring, the growing season turned to a hot drought. This affected our herb, flower, and vegetable seed production because we failed to irrigate early enough and hungry birds whose regular food sources were less abundant gobbled some key crops like the dill and cilantro seed. Drought also effected honey production because the nectar was less abundant, the bees kept every drop. Cannabis, however, thrives in low humidity and heat. Proper irrigation and a spectacular crew defined the weed farm and the result is a lot of new cannabis seeds to offer. We are most excited about new Quicks (F1 hybrids of a Photoperiod and Autoflower). Quicks grow with all the vigor (or maybe more) of a standard weed plant, finishing large, but several weeks early. The September chop frees up the fall and keeps you in dreamland all winter. It was a September chop for our entire field this year, with a 22 degree night on September 20. Yikes!!

We opened our farmstand! Offerings expanded to include veggies, flowers, eggs, and occasional other surprises like honey or smoked garlic scape sea salt. We are exuberant with the farmstand's fanbase, despite its hours being unannounced and irregular. It will probably stay that way in 2026 as Betsy runs the farmstand and our kids come first (that said, with a baby and an almost kindergartener it feels like a grand escape to open and close the farmstand at dawn and dusk, stealing moments of peace at the corners of the day).






















Our hearts are continuously warmed by how folks have shown interest, acceptance, and appreciation of our business.

With Joy,













*Ben & Betsy
Samuelson*




Autoflower Cannabis Strains

							
	Fem Seed available	Reg Seed Available	Plantlets available	Potency (out of 10)	Indica/Sativa/Hybrid	Days from Seed to Harvest	Page
Etrog Auto		848		7	H	90 days	14
Katahdin Haze Auto				7	H	85 days	14
Lemon Telescope Auto				6	S	90 days	15
Magnolia Sugar Auto				9	S	80 days	15
Captain's Jade Auto				7	I	85 days	15
Lemon Jade Auto				4	H	85 days	15
Pink Jade Auto				6	H	80 days	15
Industrial Jade Auto				6	I	85 days	16
Industrial Magnolia Auto				10	H	80 days	16
Industrial Parfait Auto				8	I	85 days	16
Raspberry Parfait Auto		848		7	I	95 days	16
Mint Jelly Auto		848		9	S	80 days	16
Red Sand Headband Auto		848		6	H	80 days	17
Sour Apple Auto				8	I	80 days	17
Stargazer Auto				7	S	85 days	18
Starlight Venom		848		9	H	85 days	18
Toy T. Wrex Auto		848		5	S	80 days	18



Quick* Cannabis Strains

Outside and Inside Quick				10	I	Sept. 15	13
Blueberry Quick				5	H	Sept.10	13
Dankinberry Quick				8	H	Sept. 10	13
Jelly Spice Quick				9	H	Sept. 15	13
Raspberry Parfait Quick				7	S	Sept.20	13
Laissez Chair Quick				8	H	Sept. 10	14
Laissez Parfait Quick				7	I	Sept. 15	14

If a strain bears the  icon, we'll strive to have plants for sale during nursery season, if a strain does NOT bear the icon, we still totally MIGHT have plants, so please call and ask.



CANNABIS

All seed is grown on-farm in Maine (lic#: ACN1134 & ACD649). Proud affiliates of Humboldt Seed Company, we carry many of their varieties, all of which are adapted to the east through years of selection. These varieties bear the  icon. Our own creations bear the  icon. When you see no icon, the strain bears too many fingerprints for one brand to be associated with it.

We offer regular and feminized seeds (see Glossary), indicated by “R” or “F”. Descriptions end with italicized info: uniformity score, approximate harvest date, and weeks in flower. Uniformity refers to the amount of variation between plants. Harvest date is not a guarantee, but useful for planning. Weeks in flower is also not a guarantee, but useful for if you’re growing these plants indoors under lights.

We test all of our released seed for germination before each new season and require a 90% minimum germination rate for Cannabis. If you have germination issues, call us.



AFFILIATES OF HUMBOLDT SEED COMPANY:



We lived and worked at the Humboldt Seed Company Mothership farm in the mountains of Northern Humboldt County in 2019. We brought those skills to a joint venture between HSC and a Canadian farm, farming the full season abroad during covid in 2020. From the start, we aimed to nest here in Maine at our very own farm, flying the Humboldt Seed Company banner. We are forever grateful to Nat for providing the foundation for our cannabis endeavors, the foundation for our life’s work and vision.

“They were just incredible resources for us, and vice versa. It was sort of serendipitous.”
— Nat Pennington, founder of Humboldt Seed Company

PHOTOPERIOD CANNABIS STRAINS



ALL GAS OG

Indica | Gassy | Incense | Spice

F -  -  Gassy, early finishing, and easy to trim, All Gas OG was a staple in many market gardens of NorCal in the late 2010’s. We’ve taken liberties in adapting this line to our damp climate. Worth growing again, this plant reeks with gas, doesn’t mold too bad, and towers with big flowers that are all at least a little bit purple. See Dankincense for spicier incense terps and more purple. *Uniformity: 7/10. Oct. 1 (7 weeks)*

Banana Tango

Early | Vigorous | Banana | Easy Trim

 -  People keep coming back year after year for the vigor, screaming tropical sweetness, and especially the early harvest that Banana Tango delivers. It’s a shame we don’t have new seed, but we’ll propagate the last remaining fem seeds into plants for sale at our nursery in ‘26. It’s not gone forever! If earliness is your highest need, the Quicks have you more covered than Banana Tango ever could. *Uniformity: 8/10. Sept. 20 (7 weeks)*

F Feminized Seed

R Regular Seed

 Seed & Soil



BIGFOOT GLUE

Relaxing | High THC | Complex Pine

F - 🏠 Gorilla Glue: one of the most recognizable and most requested strains. Bizarre history from the wacky world of legal weed: the glue company sued the weed company! Now nobody's supposed to call weed Gorilla Glue! Luckily, many breeders have worked with that GG4 cut (or something like it, or something they were told was like it). So, our library contains Glue. We threw all the Glue we had into a chamber in 2023 and picked the best plants for your enjoyment. The huge size of these plants is fun, but the long finishing time is tricky for Maine. Most of the seed stock in our Glue project comes from Humboldt Seed Company so we are keeping their 'Bigfoot Glue' name. A solid pick for washing hash. A phenomenal burn with plenty of tacky resin. *Uniformity: 8/10. Oct. 20 (8 weeks)*

Blue Dream

Classic | Orange & Gas | High Yields

R - Classic Strain. High demand. Terrible to grow in Maine outdoors! People keep asking for it... Enough! Don't grow Blue Dream. Yes, it's really special, and yes our line smells like oranges and camp stove fuel. But no, it won't mature fully, and it will just tease you all through the end of September and into October with lovely smells until it all molds to hell. "You can't get there from here, Bub..." but if that's the journey you want, we've got reg seeds for you. *Uniformity: 8/10. Nov. 5 (9 weeks)*

BLUEBERRY MUFFIN

Flagship Humboldt Strain | Living Legend

R - 🏠 Rightfully a flagship of Humboldt Seed Co., Blueberry Muffin is the result of 30 years of selection by Nat Pennington, founder of HSC. It's a performer outdoors, and very user friendly - early finishing, well spaced nug for less mold, nice structure whether trained or left au naturale - no floppy octopus vines or messy interior branches. Most impressive is that it really smells like blueberry muffins - not blueberries, blueberry muffins. Difficult to find flower on retail shelves because it rarely cracks 20% THC, nevertheless, it's a top shelf smoke with balanced anxiety-free effects.

Uniformity: 9/10. Sept. 25 (6 weeks)

Caramel Gazzurple (F1)

Fuel | Greasy | High THC | Bag Appeal

F - 🍷 Gazzurple is modern in its potency and bag appeal, so it surprised us by behaving with dignity around harvest time, pumping out relatively mold-free nug coated in sparkling greasy resin.



Where are the Muffins??

For those of you who share our love for Blueberry Muffin, we apologize that all we can offer is regular seed this year. For two seasons now, we have had fem seed crops flop with this strain. Things are finicky and sometimes we miss the mark, especially with fem photos. It's a function of our somewhat bootstrap infrastructure without much automation and our preference to produce seeds right in the ground outdoors. Rather than buying seed from another source and listing it, it's important to us to grow all the seed we sell. This is extremely unique in the broader world of seed companies, particularly vegetable seed companies. Rest assured we are tenacious with beloved varieties, so wish us luck with our first ever winter crop of feminized seed in our new shipping container grow space. Maybe we can announce a fresh crop of pure muffin fem seed just in time for planting. But muffin lurks near the surface in Blueberry Wine 1:1 and Blueberry Quick, so give those a try!

We made some feminized outcrosses in 2023 and have had bad luck making a fem crop of Gazzurple or more crosses since. This is the last of our “Gazzurple Crosses” series and it is very much tried and true. We packed our field with it in ‘25 and... pure magic, so it feels rude to keep it internal. Limited Supply. *Uniformity: 8/10. Oct. 10 (7 weeks)*

Dankincense

Face-Melting High | Early Ripening
Spice, Conifer & Gas | Hasher

F - R -  -  Seed & Soil flagship. We are continually impressed with Dankincense: Early finishing, wide and stout, and heavily perfumed with seductive conifer resin aromas, this plant steals many hearts. Beginning from the ancestral Humboldt Seed Co. Asphalt Plant/Venom/All Gas OG line, we ‘population bred’ (seed Glossary) our Dankincense selecting for deep color and the frankincense/pine resin aroma profile. We keep a wide gene pool in the line, but release seeds from the best individual moms. We think that this will help secure adaptability of this genetic from season to season (and presumably region to region). Untouched plants grow wide, not tall, which is unusual. Keep an eye out for a rare “hairless” pheno which has such tiny pistils that they never extend beyond the bract! *Uniformity: 10/10 (aroma & earliness), 6/10 (color & nug shape). Oct. 5 (6 weeks)*



Headband

Oldschool fuel | Hops | Early | Comfort

F - R - Proper classic headband flavor and quite uniform for aroma, but differences in nug structure are present. Effects lay heavy behind the eyes and imbue your session with an attitude of general well being. Our selections lean into earliness, tolerance of septoria and botrytis, and peppery sourness – no fruit allowed! *Uniformity: 8/10. Oct. 10 (7 weeks)*

JELLY DONUTZ

White Runtz | High Potency | Great to Wash

F - R -  -  **If you must pick just one photoperiod plant, this is (still) the one.** Hella Jelly met the Emerald Cup winning White Runtz cut and was hunted twice in the Humboldt outdoors, worked with fem-only lines and self pollinations, blazing swiftly to a seed line uniform for extreme earliness and heavy frost. Under our stewardship in Maine, we’ve selected the hardiest and the results are... highly marketable. Have your dry space prepped in September and make sure to sample the bright herby early chop, but for max-

A Note on Potency and “Indica, Sativa, Hybrid”

We reluctantly include Potency and I/S/H in our strain comparison tables and in descriptions. We have a deep quibble with these terms:

Woe is the budtender who hears, for the eleventh time today, “hey, I’m looking for your most potent indica”. **Every person’s body and experience with psychoactive compounds is different! THC% very roughly estimates intensity of effect. Likewise, “Indica/Sativa” terms only poorly predict the quality of effects.** That said, the terms are not utterly worthless. We do refer to THC% and I/S/H in descriptions, and we rate each strain in the table with faith that readers will consider them appropriately, not as gospel truth or guarantee.

Our descriptions express our great appreciation for the nuance present within the species. We can’t know for sure how any plant will make you feel, so we please take those predictions with a grain of salt.

F Feminized Seed

R Regular Seed

 Seed & Soil

imum THC keep your fingers crossed for fair skies into early October. The candy terps are strong with this one, but never cloying, thanks to a silky clean gassiness from the Gelato deep in its Runtz lineage. Laurels go to Jelly Donutz for overall triumph in our field. Now available in Regular seed! *Uniformity: 7/10. Oct. 5 (6 weeks)*

Karl's Afghan Landrace

Granola | Nor'easter | Resilient

R - This is the kind of strain that makes our seedkeeper hearts flutter. Somewhere in Vermont in the '70s, a cannabis population of something Afghani arrived in the garden of a man with passion for compost and a vision that has turned into something you've probably heard of. He didn't chase the hottest, newest, most potent strains and bring them into his garden, rather he was satisfied to maintain a broad gene pool over decades to suit his taste and climate. We release these humbly, in regular form only, with all possible diversity included. Aromas are unique and range widely: sweet lilac, salty beach sand dune, skunkish lemon. The plant architecture was also divergent: squat with wide nugs, Christmas tree, and tall with vine-like side branches and stacked main colas (pictured at right). The dependable traits here will be looser flowers with modest trichome coverage. Truly, to obtain any pot like this, you must grow it yourself because it's a living time capsule from our elders! *Uniformity: 4/10. Sept. 20 (7 weeks)*




Midcoast Mojito (S2) (aka Lime Green Crack)

Persian Dry Lime | Minty | Midcoast Original | Heavy Yielder

F - 848 - 🍀 This line came into our hands from a neighbor, and we were impressed with a pheno that tossed off prolific yields, good resistance, and uncanny lime smell - similar to dried key lime used in Persian cooking. It has an eye-watering mint-ish quality, and noteworthy vigor. A midcoast original with Afghani Kush/Green Crack/Blue Cheese roots. Its alias "Lime Green Crack" is a moniker it may bear on dispensary shelves as live resin. For those sativa-lovers that fondly recall Green Crack, Midcoast Mojito delivers similar smoke and sativa energy, especially in extract form. **This 2026 release is proudly a new S2**, the result of two consecutive two-year cycles of pheno hunting and breeding the screamingest unicorn to itself. Expect fireworks y'all.

Uniformity: 9/10. Oct. 15 (8 weeks)

 Humboldt Seed Co.

 Plantlet Available



Cannabis: Working Capital for Sustainable Visionaries

The disparaging trope of “pot smoking hippie” was once used to discredit the folks who challenged the ecologically devastating mainstream. I particularly admire those pot smoking hippies who saw a problem, made it their life’s work to create businesses that aimed to repair the world, and grew some illegal weed to cover the startup. They paved the way for our business to exist. Now that I’m a “cannabis professional,” I relish and admire these stories that keep surfacing of prohibition setting up bold people for their purposeful life’s work. Want to buy a tractor for your first-in-the-region organic certified lettuce farm? In 2026, you might secure that through a small business grant. But if you were an unnamed friend of ours about forty years ago, you did it with a good cannabis crop. Need some capital for land and structures as a young farmer convinced that a business can function while stewarding the craft of draft horse power? You too perhaps achieved this goal through a successful cannabis gambit... decades ago. It’s 1979 and you see a pattern of waste in our country, a broken nutrient cycle beginning to define our food system, and you’re dedicated to doing something about it by starting a compost business in your community. How’re you going to finance the equipment? Nature provided in the form of cannabis, at least for a healthy down payment. At our shop window, neighbors buying a few plants will reminisce that... (continued on page 18)

Moroccan Landrace

Old School | Psychedelic | Unique

R - Someone opens a jar of your homegrown and says “sheesh! I haven’t seen weed like this since 1981.” Does that land as an insult or compliment for you? If you’re beaming with pride, this is the strain for you. At a seed swap, I was handed a tiny bag of seeds, just 5 beans or so, and told “my brother brought these back from Morocco some years ago, I’m not sure if they’ll germ, he says they’re a hash strain”. It takes quite a story for me to find space for new projects, but this tantalizing morsel did the trick. Lucky for us too! The plants were sharp and spicy on the nose, extremely early to flower, and just kept on flowering forever. Super special, bizarre to my eye, not user friendly... I preserved the pure line, and then proceeded, in classic colonist fashion, to outcross with more modern flower strains. After some late homework on Moroccan cannabis culture and a few more trips

around the sun, I’m enthralled by antique styles of cannabis use and the rustic strains associated with them. Among other eye-opening details from old Moroccan cannabis culture, it seems that the word “keif” comes from the Arabic ‘kif,’ associated with the Moroccan Berber dialect meaning “pleasure” or “well-being”, and according to a pot-smoking hippie who traveled in yesteryear to the ‘Rif’ (pronounced ‘reef’, a mountainous area of Morocco where cannabis has deep history), “kif kif” is slang for “the good stuff” or “the best part” of anything. He said that in the 80’s, before major production for international hash trafficking was displaced from Afghanistan and Lebanon to Morocco by violent turmoil, the smoking tradition there centered on neither flower nor hash nor what we think of as kif now (the sifted trichome heads), but rather just the papery bracts from seeded flower, called kif. It was either smoked in pipes or rolled in leaf tobacco. Indeed, this strain’s seeds shatter out extremely easily and the flower is loose enough for these papery skins to detach from the nug, unlike the familiar flowers bred for smoking whole. All this hearsay history aside, what makes this strain more than an interesting footnote is that everything it breeds into becomes a more old-school, earlier finishing, and more electric version of itself. If you want a very unique male to spice up some of your favorite strains, consider this Moroccan. *Uniformity: 5/10. Sept. 10 (9 weeks)*

F Feminized Seed

R Regular Seed

848 Seed & Soil



Moroccan Passion Fruit (F1)

Electric | Passion fruit | Speedy

R - S4S [Moroccan Landrace X Tangie] One of our favorite commercial grower friends fell head over heels for an R&D accession that we called “Moroccan Telescope Tangie” which has some Lemon Telescope Auto in it. That accession threw a kaleidoscope of psychedelic sativa citrus energy and included some plants that liked to get stuck in flower at spring-time and never snap out. It’s the inspiration for this new F1 release which aims to tighten that mess up and zero in on a very ‘Wow’ electric passion fruit zing on big plants that finish quick, but not problematically early. Reg only, but oh so worth it. We’re not just betting big on this one by releasing it slightly blind, but doubling down as well: *direct sowing* a full row in 2026. Join us south of Gibraltar. *Uniformity: 8/10. Sept. 25 (8 weeks)*

Omaha Jazz

Uplifting | Legendary | Complex Intoxicating Aroma | Resistant

R - F - S4S We love Omaha Jazz a lot and have a ton to say about it, check out back issues of this catalog online for much more story. It has Jamaican (supposedly Lamb’s Bread) and Sweet Tooth lineage and truly smacks with a rare and captivating aroma. It grows huge plants without inner branches, leaving plenty of airflow. It puts on weight and benefits from trellis. For the late harvest slot, there is no more reliable offering than this one. Later ripening means greater risk of mold or frost injury, but Omaha Jazz resists this trend, finishing thick colas with very little bud rot at the last minute in October as long as soil stays wet when temps flirt with the high to mid 20’s. Mostly all green with some light purple tips or completely lavender colas. *Uniformity: 7/10. Oct. 25 (8 weeks)*

PINEAPPLE UPSIDE DOWN CAKE

Rare Ocimene Terpene | Uncanny Pineapple Aroma

R - F - 🍷 Takes the cake for uniqueness. Rare Ocimene forward terpene profile will have your neighbors thinking, “those pineapples almost smell like weed!”. More than any other this plant gets comments on flavor from repeat customers at our nursery. “It actually smells like Pineapples” Yep, we know. Hats off to the Humboldt Seed Company for this stunner, a result of their first annual and now legendary “Pheno MegaHunt.” It’s very reliable for us and will always have a place in our garden. *Uniformity: 9/10 (F). Oct. 15 (8 weeks)*


RASPBERRY PARFAIT

Sharp Fruit | Sweet Cream | Piercing Floral Tones

F - 🍷 Fans of fruity floral cannabis, look no further. Terpinolene is forward in the nose but something pushes the sensory experience completely into the sour berries and sweet flower arena. Finishing late, it *often* succeeds in our field... We clearly love this aroma: we made the autoflower version (see Raspberry Parfait Auto for more story), released a Quick Version for earlier harvest in ‘25 which was spectacular, and now there’s a whole series of Quicks with parfait in the parentage PLUS a 1:1! I need to chill out on breeding with Raspberry Parfait. This is the original, our spins are a little more reliable for the weather, but it’s a must to keep this on offer. It sedates most people but brings some into a house-cleaning flow-state. *Uniformity: 6/10. Oct. 25 (8 weeks)*

Tangie

Sativa Effects | Tropical Citrus | Juicy

F - R -  The heyday of Tangie was before my time, before Humboldt released Squirt, and waaay before we brought Squirt and the [Blueberry Muffin X Tangie] cross from which Squirt originated, into our garden. We explored within these lines, worked the juicy grapefruity sparkling soda terps into a reg line and found a passionfruity expression during that process that stole our hearts. To simplify the matter, we've rolled all of this work up under the name 'Tangie' and we release seed from the moms we personally think are most awesome. For you Tangie sommeliers out there, feel free to call us and we will present a charcuterie board of all the subtle differences we've noted and let you pick fruit (well, seeds) from the mom you think will be your favorite. *Uniformity: 7/10. Oct. 10 (7 weeks)*

1:1's (THC:CBD) CANNABIS STRAINS


The plant can make both THC and CBD *at the same time* (see Glossary for 'Mixed Ratio'). When people consider 1:1's at all, they seem to consider them only for therapeutic use and make topicals or edibles. But the blend also offers a spin on the typical effects of THC. **Especially if you're growing your own because you burn pounds per year, or if you're always looking for maximum potency, give 1:1's a try.** Mixing it up with some higher CBD flower now and then can help find that bliss point for the heaviest smokers, possibly by tricking the body's expectations. We've bred 1:1 strains since year 1, but opted to save print space for vegetables and story from our farm. Please check online or ask us about more mixed ratio options!

1:1 Series

(THC:CBD F1)

Unless requested specially at our nursery, this year's 1:1 releases share a CBD parent known to us only as "Kenopi Red", hazey bubblegum-ish, remarkably resilient to mold and mildew, bred by a hobbyist in West Virginia. It blends exquisitely with our THC strains lending bright flavors and good resistance. We used Cherry Wine Hemp for past 1:1's, they were thick and gassy, but these sparkle. *Oct. 15-25 (8 weeks)*


Blueberry Wine 1:1 (F1)

F - 848  [Blueberry Jelly Donutz X Kenopi Red Hemp] Does this blueberry wine seem a little stronger to you? It might. The THC parent of this refreshed release was a Blueberry Muffin X Jelly Donutz cross while in previous years we used straight Blueberry Muffin. Expect a hassle-free grow and a cocktail of sticky berry aromas to soothe the soul and loosen the tongue. Older versions of Blueberry wine available at the farm store only, upon request.

Persephone's Tonic 1:1 (F1)

F - 848 [Jelly Spice X Kenopi Red Hemp] One of the handful of strains that we named and released from our first season at our own farm. Persephone's Tonic is refreshed without any tinkering. It was perfect, it's back, and it's going to stick around.

Trainwreck 1:1 (F1)

F - 848  [Trainwreck X Kenopi Red Hemp] The Trainwreck "brand" is so classic and strong, we've given it a seat at the 1:1 table. Expect the cat piss funk and assertive giggly effects that Trainwreck is known for.

ALSO AVAILABLE: Midcoast Mojito 1:1, Omaha Jazz 1:1 Raspberry Parfait 1:1, Pineapple Upside Down Cake 1:1, and more by request

F Feminized Seed

R Regular Seed

848 Seed & Soil



“QUICK” CANNABIS STRAINS

Outside and Inside Quick (F1)

Chronic | Very High THC | New for 2026

F - 848 - 🍄 [Outside and Inside X Etrog Auto] During our time at the HSC Mothership Farm, the photoperiod parent of this strain was Betsy's favorite toke. The jar may be most reminiscent of 'chronic' circa 2005, speaking only from experience of the top shelf high school Austin, Texas market: sparkly nug with that eyewatering pine/citrus/gas chronic profile. After several years of fiddling around with HSC's "Inside Out" later renamed "Notorious THC", we released the line for 2025 as "Outside and Inside," a nod to the String Cheese Incident song. But frankly, it still needed to be 'Quickened' for me to want to grow it in my field. Now, fresh for '26 we bring you the only quick made with Etrog Auto. Fresh pine aromas and max THC will characterize this plant. Faster finishing will result in higher THC in the Maine outdoors. Etrog is so fantastic and similar, it deserves a chance to team up with this photoperiod and lend its magic to a tree instead of a shrub. *Uniformity: 7/10. Oct. 1 (7 weeks)*

Parfait Quick (F1) Series

Obviously, we can't get enough of Raspberry Parfait. The auto version is one of our original works, proudly achieved through years of effort and many thousands of plants sniffed. It has indomitable aroma, but for these Quick versions a line of Raspberry Parfait Auto was selected for the pollen parent that brings maximum vigor and a more polite assertiveness, rather than the downright rude line used for the pure Raspberry Parfait Auto release. The resulting F1 Quicks should have plenty of their photoperiod parent's character on display. *Sept. 10-20*

Blueberry Quick (F1)

F - 848 - 🍄 [Blueberry Muffin X Raspberry Parfait Auto] The Blueberry Muffin strain is an iconic and wildly popular plant. For 2026, this Blueberry Quick is how we're offering a Muffin fix. Last year's version of this strain used Sour Apple as the Auto parent, and it was pretty good, but some of the earthy aromas snuck through and muffled the muffin. This is bound to be an easygoing buttery sweet daily driver type flower.

Dankinberry Quick (F1)

F - 848 [Dankincense X Raspberry Parfait Auto] Dankincense fetches the highest ratings for addressing pain among our nursery customers. In this Quick version, the mixture of smooth conifer gas and sharp floral fruit are going to be something way out of the ordinary. Prepare your couch a little early for heavily sedative effects and early/mid-September harvests.

Jelly Spice Quick (F1)

F - 848 - 🍄 [Jelly Spice X Raspberry Parfait Auto] Jelly Spice might be the plant that has seen the most repeat business at our nursery. People love the potent zippy high and the full bouquet. Regrettably, the feminized photoperiod version is sold out this year. This Quick and the 1:1* version are listed, and I've got regular seed available by request too. Lots of ways to get the Spice fix, but the Quick may just result in the most potent flower because it is most likely to ripen maximally in our capricious fall weather. **The 1:1 version of Jelly Spice is called Persephone's Tonic.*

Raspberry Parfait Quick (F1)

F - 848 - 🍄 [Raspberry Parfait Auto X Raspberry Parfait Quick] All the screaming Parfait magic on a big plant that won't leave you waiting, praying with your fingers crossed for a late frost.



Laissez Quick (F1) Series

Diverse | Creamy Berry or Citrus | New
Release expectations of uniformity and just Let The Plant Be. These two gems won't bore and confine you. Their obvious worthiness revealed itself by happy accident: in nursery plant sale season we like to throw in a few unadvertised Easter eggs. We offered some plants from an R&D cross [Jelly Donutz X Tangie], named it "Passion Donutz", and put some in our field and a few autoflower breeding chambers as potential starting points for a new auto project. Well, they turned out to be some of the most spectacular plants of 2025, dripping with sparkly resin and melting with layers of sweet creamy citrus complexity. (The resin is in Maine Rec stores from River Driver under the name "Katahdin Cream") These two feminized F1 Quicks are not intended to be uniform, but **if you must pick just one strain for your set-it-and-forget-it outdoor garden plot, pick one of these.** They will throw beautiful diversity so you can match the specific plant to your mood. And, like all of our Quicks, they will get big and finish in September with low to no trellising or pruning needed. *Uniformity: 4/10. Sept 10-15*

Laissez Chair Quick (F1)

F - 848 - 🌿 [Vanilla Latte Auto X Passion Donutz] The auto parent boasts creamy flavor and a generous coating of resin, a modern auto from Humboldt Seed Co that checks all the boxes. The pairing should deliver a healthy range of heady flavors from citrus to earth to berry with plenty of creamy base notes and resin.

Laissez Parfait Quick (F1)

F - 848 [Raspberry Parfait Auto X Passion Donutz] Anything touched by Parfait gains huge vigor. The range of flavors here will be sharper or more sour than the Laissez Chair. Each plant is bound to have its own unique character with never-ending complexity, the big reveal will be to discover how much the Tangie and Donutz can penetrate the wall of flavors brought by Parfait. Almost certain to be the most abundant plant in our 2026 field.

AUTOFLOWER CANNABIS STRAINS

Etrog Auto

Lemon Pez Candy | Skunk | Earth

R - 848 Etrog Auto is a Seed and Soil original introgression. This means that we crossed an auto to a photo and selected for three subsequent generations from LOTS of plants, about 400 in this case. These introgressions are our proudest work! Lemon Kush is in Etrog Auto's ancestry and its rounded lemony gas clearly shines through. Expect a narrow range of gassy lemon, to sour green apple, to shimmering lemon pez aroma. An etrog is a type of citron, a big ass lemon, used in the Jewish harvest festival of Sukkot. It has a wonderful citrus aroma – makes a martini special for the Fall season. A nod to the tribe, Kosher Kush will welcome a new friend to chief with. *Uniformity: 7/10. 90 Days from sprout*

Katahdin Haze Auto

Heavy Hitting | Lemon & Chem | Amnesia Haze

F - 848 Katahdin Haze started as a cross made during our time in Humboldt in 2019 between two autos – Magic Melon and Creme de la Chem. A much easier project than an introgression, the difficulty was choosing what we wanted it to become! It has become a field favorite: expect a range of haze flavors with some butter notes, low maintenance plants, high yield, with a punchy uplifting smoke. *Uniformity: 7/10. 85 Days from sprout*

F Feminized Seed

R Regular Seed

848 Seed & Soil



Lemon Telescope Auto

Summer in a Bottle | Crisp Lemon | Carefree High

F - 848 The sense of ease and calm that comes from bright sunlight, warm weather, and clean saltwater nearby captures the vibe of Lemon Telescope. As a general rule, weed benefits from cool days ahead of harvest. But the taffy/lemon profile adapts well to warm season harvest. Nugs are often flecked purple, with good density and appearance. See 'Direct Sowing' popout for some amusing antics we pulled using Lemon Telescope. *Uniformity: 7/10. 90 Days from sprout*

Magnolia Sugar Auto

Inbred Line | Southern Magnolia | High THC Auto

F - 848 Our highest THC Autoflower. Sweet lavender/magnolia aroma that doesn't fade much in drying (a common problem among autos). Pretty inbred from four generations of full sib selection, very uniform and great genetics for breeders. Releases for 2026 may include, on our whim and supply, accessions that have been more and less inbred. If you have a preference, let us know. Magnolia Sugar Auto originated from a selection of HSC's "Pound Town" from their 2021 release. After chasing vigorous form with well-spaced nugs and a particularly sweet aroma, the result is something unique, so we've renamed it and are proud to offer this inbred line. *Uniformity: 9/10. 85 Days from sprout*

Jade F1 Auto (F1) Series

Members of this series share the Anvil parent, among the first autos of note in the early days, bred by Full Duplex aka Gnome Automatics. Pink Jade was our only F1 auto release for a few years, a fast favorite. Anvil infused gorgeous magenta color and extra vigor into Magnolia Sugar and changed the aroma from candy sweet to earthy sweet while subduing the potency down to a more functional level. Love notes for Pink Jade we received through the years emboldened us to lean so much in to a big flight of F1 releases this year. Midnight Melon, one of our first cherished works set apart for is very low potency, is missing from our '26 lineup. Look to the Lemon Jade for a substitute if you are one of the relatively few gardeners seeking a low THC plant with breathtaking appearance in the garden. Imagine these as more relaxing, purple, earthy, and vigorous versions of their non-anvil parents with lower THC.

Uniformity: 9/10. 85 Days from sprout

Captain's Jade Auto (F1)

F - 848 [Sour Apple Auto X Anvil Auto] Released in the past only to a few commercial customers. It turned heads for yield and chunk. They came back to clean us out of that test cross. It's back. Heavy yielding and heavy hitting for an Anvil cross. Heavy earth and gas on the nose. Always in uniform, always on duty.

Lemon Jade (F1)

F - 848 [Lemon Telescope Auto X Anvil Auto] A new Anvil cross for us, and released 'in the blind' because Lemon Telescope has been such a winner with its twist of citrus character, uplifting functional high, and hassle free grow. Discover how the blend lands for you and your garden. We'll let you know next year how we like it because it definitely gets a row in our 2026 garden.

Pink Jade Auto (F1)

F - 848 [Magnolia Sugar Auto X Anvil Auto] Striking magenta & pink, one of the few plants that doesn't leave us with a lingering brain fog. Pink Jade was one of our very first original Auto releases and gained an avid following. Maybe the prettiest plant, with gorgeous purple frosted golf ball nugs that shift to an electric pink hue in the interiors – a conversation starter on your window box or in your spliff!



Industrial Auto (F1) Series

An auto known to us only as “Purple Stinky” was gifted from a friend with the dubious pleasure of managing genetics for a 20+ acre California weed farm. His role was to test out all the autos in the world at the time and make the best of them into seed for internal use. He blessed us with seeds of the most commercially ideal autoflower he found. “I won’t tell you what it is or where it’s from, it’s a workhorse, I just call it Purple Stinky”. Mysterious histories are common in this industry, and we respect that. It’s no mystery that it does everything a modern industrial farmer needs: pump out THC, yield well, and look great in the bag. Its stature in the field is compact compared to the majestic reach of some of our other autos and its aromas lack any surprising wow-factor. It’s what Philip Morris will want to pack its fields with. We’ve given it a few rounds of inbreeding and used it as a parent in our Industrial F1 Series. We’re keeping the inbred line internal and launching these F1s which should infuse some Majesty and Wow into this Big-Box ready elite line.
Uniformity: 9/10. 85 Days from sprout

Industrial Jade Auto (F1)

F - **848** [Purple Stinky Auto X Anvil Auto] Throw this one in the bedtime bowl. It’s gonna be pretty to look at and sleepy to smoke with a little less punch. That’s the magic that the Anvil parent seems to bring to crosses.

Industrial Magnolia Auto (F1)

F - **848** [Purple Stinky Auto X Magnolia Sugar Auto] THC to rival anything. Magnolia already slaps with extreme resin load and full body of sweetness making it our auto of broadest appeal. Expect a little extra chonk and rudeness. If you were picking an auto to maximize extraction yield, this has got to be the one.

Industrial Parfait Auto (F1)

F - **848** [Purple Stinky Auto X Raspberry Parfait Auto] If you’re reading cover-to-cover, you know the deal: vigor, sharpness, layers. If you’re a quant looking to moneyball your grow for impressiveness to effort ratio, this is your plant.


Raspberry Parfait Auto

Sharp Fruit | Sweet Cream | Piercing Floral Tones

R - F - **848** Our proudest project to date (with competition coming in hot this year from Starlight Venom Auto), biggest R&D push ever, and now crowd pleaser: Raspberry Parfait Auto! Let your porch, garden, or greenhouse scream with Parfait terps. Exploding vigor, superior flower structure, sturdy stalks, and strong apical dominance. Purples predominate, but interiors can be green. The work continues, the new seed for 2026 release is a new level of redolent. Silky/gritty texture to the trichomes is present in some accessions, so be sure to call ahead if your aim is to make some truly unique hash. *Uniformity: 8/10. 95 Days from sprout*

MINT JELLY AUTO

Potent | Vapo-Rub-esque

F -  Originally from Humboldt Seed Co. Finally, after a few seasons of attempts, a donor finally made enough pollen for a seed release of this special plant. Previous attempts yielded few seeds, but still allowed us to work our line forward, picking out the most resilient and terpy plants. Notable for easily hitting 24%+ THC. This menthol-forward aroma is tough to describe, faintly floral with a slap of electric eyewatering mint toothpaste. Makes great extract, we included it in an auto fresh frozen water hash trial. Hash was superior, but yield barely above 2%. Blast it for yields, wash it for headstash *Uniformity: 8/10. 80 Days from sprout*

F Feminized Seed

R Regular Seed

848 Seed & Soil



Direct Sowing Cannabis

Many have written off the possibility of direct-sow for cannabis. The first time we tried, it was a huge flop. But we doggedly believe in growing plants by putting seeds right in the earth. To breed for this use, we almost always start seed in soil (only using paper towels when we have extremely few seed) so nature makes the first selections. The main threat is “damping off” diseases. In 2024 we direct sowed Lemon Telescope Auto in a 100’ x 4’ bed. It was a great success! We prefer to plant Auto/Photo F2’s by direct sowing when we have many thousands of seeds. If we let the photoperiods from those populations mature, the anchoring to the earth and root architecture is extraordinary. These plants never need trellis and stand tall, like eight feet tall, through punishing wind. Tinkering with direct sow isn’t exactly a recommendation, but sharing our experience may ignite some inspiration. More of our breeding will be taking place among photoperiods from large bags of regular seed sown directly into our field in the spring.

Red Sand Headband Auto

Cool Magenta | Peppery Aroma
R - ~~SAS~~ Regular seeds only this year.
This project started in our ‘21 garden and continues as some of the most promising work, requiring more generations to corner the magic. The initial quest (and project working title) was “Autos that wash.” Headband is the photo ancestor intended to bring washability, but it ported over its general gassy excellence as well. Vivid red/magenta color was on full display in most of our F4 population and, unless requested otherwise at our nursery, the seeds we release for 2026 are from the most colorful moms. Even though this is unfortunately in reg only this year, it’s worth culling males (or using pollen!) from this release! If planning on washing hash, selective harvest for grit is advisable. If you don’t plan to wash and you just seek some peppery Headband in colors to dazzle, the search ends here.
Uniformity: 5/10. 80 Days from sprout

SOUR APPLE AUTO


Indica | Potent | Frosty | Purple Tinged


F - 🍷 - 🌿 Indica effects and powerfully gassy trimmable nuggets with higher THC make Sour Apple Auto a winner with longevity. Rarely, a plant will throw off an undeniable green apple aroma, like the first bite of a Granny Smith. This special flavor has proven harder to “fix” in the population than usual, so there will be an element of luck and surprise whether you catch an Apple plant. But for a dependably gassy, hard hitting, indica auto, look no further. *Uniformity: 8/10. 80 Days from sprout*



Successful Autoflower Transplant

Transplant timing is key for autos! This is the ideal transplant stage: the taproot has just reached the bottom of the cell and has not begun to wrap at all. If autos “feel” the pot, they snap into flower too early resulting in tiny little plants and lost yield. This is unlike any crop we’ve ever transplanted. Soil will be crumbly because roots shouldn’t have time to knit the soil together into a rootball.

 Humboldt Seed Co.

 Plantlet Available



(continued from page 10) ...a cannabis crop provided a life-changing boon - affording a car, land, or house. Modest, honorable, and even iconic projects have been made possible by cannabis. It was the idealism and earnest good intent of this segment of cannabis growers and users that fueled the push for legalization, and this is the recent legacy that we want to hold near to us. Now, for our farm, rather than a risky but necessary boost to get us started, we get to fearlessly grow half an acre of cannabis, season after season, loud and proud. Right across the fence from our even bigger garden where all of our much less regulated herb, flower, and vegetable seeds are produced. Cannabis is undeniably the economic sustainer of our earth-keeping work in seed saving. Times have changed: nobody is risking imprisonment but neither can anyone with nothing but guts and stealth make a big play for a big dream. We're very aware and deeply grateful to everyone that supports our work, helping us keep the 'beet' alive, to keep on keepin' on the work of growin' weed to feed the fire of tending to the land.

Stargazer Auto

Amazing floral scent | Sativa Effects
F - S4S A Seed & Soil flagship. Light green nugs will delight the eye and surprise the nose! Hats off to Daz at Nightowl Seeds for the Wizard's Apprentice Auto parentage. Its F1 with Magic Melon Auto produced one plant that exuded Ben's #1 favorite aroma in our whole 2020 field in Canada. Old heads may pick out Jack Herer in the bouquet, but we're smitten with the distinctive floral elements, reminding us of stargazer lilies with notes of citrus: imagine you just walked into a fancy grocery store's floral department. No mystery that people keep coming back for this one. *Uniformity: 7/10. 85 Days from sprout*

Starlight Venom Auto

Silky Gas | Multi-Layer Complexity
R - F - S4S This work excels, it will delight the home gardener and I

confidently suggest it for commercial use as well. Venom OG x Gelato brought photoperiod pollen to Stargazer Auto in '22 (for Venom see Dankincense). From roughly 1500 plants in the F2 generation which segregated in 2024, showing sex around the solstice, we culled down to about 90 female autos. So much loveliness in that group, so hard to pick favorites. Maximum allure was a profile carried by conifer and gas from the Venom, but with floral perfumes from the Stargazer, musky and sweet, like a clean sweaty horse. Our '25 breeding chambers were packed with very sticky, well-behaved plants, no duds, but lots of distinct smells. We grouped the moms into three aroma expressions (Stargazer/Venom/Blend) and released top picks from the 'blend' group. Why don't you put aside all distraction, let the stars come out, and see if you can describe the smells you find in this F4 release? *Uniformity 5/10. 85 Days from sprout*

Toy T. Wrex Auto

Fermented Apricot | Sativa Energy

R - S4S Too fun and new to keep to ourselves, Toy T. Wrex is an ongoing introgression project blending Stargazer Auto with Trainwreck. Regular F4 seed is available statewide in '26 and seeking this one out represents your playful nature and a real appreciation for our breeding work. Generally, the range of aromas in any F2 population falls on a linear spectrum between the two parents, but the most exciting picks are those which smell like something altogether different. This is the case we found in '24: among a rather unsurprising range of lemon/floral/trainwreck/dill/carrot (totally predictable given the parents), one plant oozed a ripe/rotten stonefruit stench. This F4 is a step in the direction of locking this nose in, expect something not just unique given the parents, but novel in the pantheon of aroma families that we're familiar with in Cannabis. *Uniformity 5/10. 80 Days from sprout*

F Feminized Seed

R Regular Seed

S4S Seed & Soil



HERBS FLOWERS AND VEGETABLES

9 New Varieties in 2026

Varieties listed produce well in our climate and are selected because we prefer them for home use such as fresh eating, canning, pickling, and storing. We welcome suggestions as one delights in trying something new. We cater to the home gardener rather than commercial growers by choosing to keep in off-types if a certain characteristic sparks joy like hue or leaf structure, rather than keeping an eye on uniformity. Our variety names and descriptions often include the name of the person who passed the foundation seed to us, it's our way to show respect to other seed keepers. All offerings are grown by us seed to seed, year after year - we never purchase seed from other growers, unlike most seed companies. Everything (so far) is open pollinated, we follow seed industry standards for population sizes, and use accepted methods of isolation. Herbs, flowers, and vegetables are Betsy's domain and with baby Daniel in tow, progress came to a halt at points last season. Maintaining and bulking customer favorites was the goal, but alas some items have lower stock than we would wish.

How To Buy Seed: Available for pick up at Seed & Soil Nursery and at select local spots including Belfast Home Supply, Gibbs Hardware in Brooks, and the Blue Hill Co-op. We see ourselves as hyper local and do not ship or retail online ourselves but beginning this year some listings will be available online through Seednest.com.

How To Buy Plants: A selection of herb, flower and vegetable plants will be available only at the Seed & Soil Nursery in May & June.

CULINARY HERBS

Genovese Basil

60 - 90 days. *Ocimum basilicum*. Genovese may be the best summer herb, especially if you love tomatoes! It really loves the hot weather which makes it hard to grow in Maine. Over the years we have been selecting plants that thrive outdoors, not sure we have made any significant improvement, but we are committed to the task because we love to eat lots of Italian-style basil.

Caribe Cilantro

28 days. *Coriandrum sativum*. Cilantro is a strong, distinctive-smelling herb that's often used in Mexican and Indian cooking. Cilantro's dried seed (actually that little ball is the whole fruit with two seeds inside) is known as coriander. The spice is known to help detoxify from heavy metals. Considered native to Europe and Asia, documented in Egyptian records as early as 2500 BCE.

Bouquet Dill

50 days leaf, 90 days seed. *Anethum graveolens*. Dill is a necessity for pickles, salad dressing, soups, and sauces - and this variety is the one to grow! It can also be used as a cut-flower. No other herb benefits as much by being picked fresh, immediately before use.

Gigante d'Italia Parsley

70 days. *Petroselinum crispum*. One of the most beloved herbs in the kitchen, parsley brings a fresh flavor enhancement to any dish. Flat leaf is much easier to clean than curly parsley. During the summer we eat persillade on everything, steak, pasta, eggs, you name it - the recipe: mince and combine as much finely chopped parsley as you can gather, good quality olive oil, salt, pepper, garlic, and lemon juice. Yummm!



FLOWERS

Blue Ageratum

65 days. *Ageratum houstonianum*. A frost-tender herbaceous annual to 1/2-1' tall, mounding with clusters of fluffy, aster-like flowers that should be planted with 10-12 inches of space. Blooms from spring to frost. Good for beds or containers. Nice cut flowers fresh or dried. Deer and Rabbits don't seem to bother it.

Blue and Purple Bachelors Button

65 days. *Centaurea cyanus*. This very adaptable flower is also known as Cornflower. It blooms abundantly from late spring into the fall if deadheaded. It's easy to grow and more tolerant than most flowers.

Double Camellia Mix Balsam

60 days. *Impatiens balsamina*. A frost-tender annual, with sparsely branched succulent stems that can grow up to 30" tall. Pink & white flowers form along the stem of the plant, once pollinated they create pods, seeds can explode from the pods when touched, which is fun but can also become a nuisance, readily self-sowing in climates without a hard frost.

Calendula Mix

95 days. *Calendula officinalis*. The deep orange resina variety is best for making healing salves and oils, it is included in this mix. Daisy-like shades of yellow- and cream-colored flowers with varied sized center disks are also in this mix, with prolific easy-to-grow blooms for your bouquets from spring to fall.

Bright Pink Plume Celosia

55 days. *Celosia argentea*. As you may be aware, Seed & Soil grew out of a love story. Once upon a time (October 14, 2018), Betsy & Ben were married. Betsy grew and dried all the flowers for the wedding with great delight. Celosia is a marvelous eye-popping dried flower when many others lose their gusto. So, a handful of varieties were grown,

and crossed. This variety is a result of those crosses with the natural selection process of being competitive in the cool Maine nights, which is not typically the preference of this species. Everyone passing by will notice it with its deep bright pink feathery plumes reaching up to 4ft.

Todd & Theresa's Cosmos

55 days. *Cosmos bipinnatus*. A popular cut flower with fern-like foliage, this mix has shades of pink and white blooms. It was given to us from our wonderful neighbors, and it grew abundantly from broadcasted seed in a neglected bed without access to water. It's a winner for any beginning gardener. Flowers from mid-summer until frost.

Yellow Drumstick Flower

100 days. *Gaillardia aristata*. Another wedding flower, too giddy to resist growing year after year. Its silvery thin leaves add a subtle sparkle in the garden bed. The spherical bright yellow hard-to-damage flowers will tickle you in both fresh and dry bouquets and are a favorite for our four-year-old to string up along with strawflowers and marigolds in the fall.

Burgundy Gaillardia

100 days. *Gaillardia aristata*. Wine-red colored flowers bloom from early summer to frost. Great for cut flowers, nectar attracts butterflies and bees. The seed heads are also beautiful. Easy to care for once established, can perennialize in mild winters.

Pink & Orange Globe Amaranth

85 days. *Gomphrena globosa*. **Back in 2026.** Round-shaped bright pink flower inflorescences are a visually dominant feature in any garden. Great for fresh or dried flower arrangements. Very cheerful, easy to grow and hardy once established. Height is only up to about 2', unlike some of its massive ornamental family members.



Marigold Mix

80 days. *Tagetes erecta & patula.* **Updated for 2026.** This mix is over 15 years in the making, selected from varieties that delight the eye and grow easily. 2026's blend includes mid-sized yellow and orange frizzy types, a mix of yellow, orange, and bicolor double floreted short and mid-sized plants, tall plants covered in spectacular orange flowers touched with red, and long stemmed burgundy flowers with gold edges that turn fiery in fall.

Love-in-a-Mist *Nigella*

90 days. *Nigella damascena.* This elusive flower can be hard to grow, but there is victory when you can add the delicate frilled poppy-like seed pods to fresh or dried flower arrangements. The lacy threadlike leaf structure that surrounds the pale blue flowers makes the flower look like it's emerging from a dream state.

Black Prince Snapdragon

90 days. *Antirrhinum majus.* Snapdragons are a fun garden addition because of their fancied resemblance to the face of a dragon that opens and closes its mouth when laterally squeezed, fun for kids. Great cut flowers, this variety is mostly deep purple but has some off types that have a white tint with the deep purple, beautiful. They can live through quite a few frosts hardy down to 20F degrees!

Pink, Red & Orange Strawflower

75 days. *Xerochrysum bracteatum.* Strawflowers love heat, and tolerate drought. We enjoy stringing them up and using them in winter decorations and art projects because the leaves are the texture of straw and keep their vibrant color for years.

JC's Giant Sunflower

65 days. *Helianthus annuus.* Grows up to 12 ft tall with heads over 1.5ft in diameter. Bred and gifted by John Caccia, the co-founder of Rocky Mountain Seed Alliance (now called Seeds in Common), an organization that Betsy proudly worked

for, under the directorship of Bill McDorman & Belle Starr who inspired her passion and knowledge as a seed saver. This variety is suited to Idaho but has been acclimating to Maine and was able to form lovely little heads on a gravel pad, and big bountiful heads in the fertile soil near our greenhouse. This variety seems to like Maine and even self sows bringing lovely surprises through cracks in our concrete pad.

MEDICINAL HERBS

Alfalfa *Grex*

6 weeks - 2 years. *Medicago Sativa.* When we moved to this farm the ancestral dairy barn had recently been torn down. Now this concrete expanse is the ideal venue for soil mixing, composting, and our home greenhouse. Every year, through the cracks in the concrete springs an abundance of alfalfa with all kinds of diverse expressions: various leaf sizes, preference to stand or flop, and depth of purple in the flowers from pinkish to almost black. We think of it as the living legacy of the dairy herd since it's a common fodder for cattle and must have been introduced in hay. (see 'GreX' in glossary)

Anise Hyssop

78 days. *Agastache foeniculum.* This native perennial is tolerant of deer and drought. Anise hyssop is considered one of the premier plants for feeding pollinators June to September including hummingbirds, butterflies, bumblebees, honeybees, carpenter bees, and night flying moths. Bees make a light fragrant honey from the flower's nectar. Anise hyssop was used medicinally by Native Americans for cough, fevers, wounds, and diarrhea. The soft, anise-scented leaves are used as a seasoning, as a tea, in potpourri, and can be crumbled in salad.

Burley Tobacco

100 days. *Nicotiana tabacum.* It had never crossed our mind to put a smoking tobacco in the garden, until a friend asked us to propagate some. What a revelation! Massive electric green leaves spread 3-4 feet



in diameter, and send up a flower spike in mid-summer attracting hummingbirds with pendulous pink trumpet-shaped flowers. To dry and cure, we just hung plants from barn rafters and eight weeks later twisted up our own 100% homegrown and chemical free blunts. These sparked great joy! It feels surprising and radical to home-grow tobacco (even though it is federally legal.) Used in medicine and ceremony by indigenous peoples, currently being researched for therapeutic use improving memory and alertness. Chief cash crop of colonial America, and beloved through many ages by the wealthiest to the most poor, the most subjugated to the most dominant cultures and peoples. Famously adulterated and marketed deceptively by corporations, and subsequently villainized in modern America as the leading cause of preventable death... what a plant! Put another herb that has shaped humanity in your garden and let it speak directly to you. Look up growing tips because there are some simple key steps too lengthy to mention here, but be aware that too much skin contact with fresh leaves can cause queasy nicotine sickness.

Clary Sage

75 days leaf 2 years flower.
Salvia sclaria. An intoxicating aromatic, this hard to grow plant is totally worth it. It's a biennial, with large furry leaves, used as a clarifying essential oil. Get the plant to overwinter by digging it up and bringing it in the cellar or covering it thick with mulch and getting lucky on a mild winter (or near the coast). Bees will cherish the blossoms, and you will too!

Spilanthes

50 days. *Acmella oleracea.* Spilanthes has also been noted to stimulate taste and improve saliva flow, it has numbing and pain-relieving effects. Used in craft cocktails,

it is a fun flower to share with people as it really does make your mouth tingle and numb for a short time. It has cool yellow flowers with red center, and succulent-like leaves and stems. It is a ground crawling type of plant so put it towards the front so that you don't miss the flowers.

Tulsi Basil

28 days. *Ocimum sanctum.* Tulsi (also known as holy basil) is a tonic for the body, mind, and spirit. There is evidence that tulsi can address various forms of stress through a unique combination of pharmacological actions. This variety was given to Betsy from an Indian woman in 2013 whose family always had some growing near the front door of their household. It has a wonderful aroma and makes a perfect tea to bring lightness to the darkest of days.

Burley Tobacco, flowering in our 2025 Garden



CUCURBITS

H-19 Little Leaf Cucumber

57 days. *Cucumis sativus*. Our most reliable pickler. The skin fades from dark to light green making it beautiful served up for fresh eating on a platter if the skins don't bother you. When fruits start setting, they produce a few perfect size pickling type cucumbers each day for about a month.

Boothby Blonde Cucumber

55-60 days. *Cucumis sativus*. In our 2024 cucumber trials this Livermore, Maine heirloom fared very well. So much so that after a spring greenhouse crop that outperformed everything in vigor, yield, and long-term production capacity, we bulked it out in 2025. These whitish-yellow tender skinned fruits can be eaten fresh or pickled.

Delicious 51 Muskmelon

75 days. *Cucumis melo*. Abundant and early compared to other open-pollinated melons we have tried growing in this neck of the woods. If you like an easy to grow, sweet orange muskmelon to snack on, this variety will suit you just fine. Best when picked perfectly ripe and not long for the shelf, check it daily for ideal ripeness, toss it in the fridge to cool, and eat it up quick!

Blacktail Mountain Watermelon



70 days. *Citrullus lanatus*. A dark green exterior and red fleshed watermelon that delivers a nice lot of sweet, crisp, medium sized fruits. After trialing many varieties over the years, we will search no longer, Blacktail Mountain produced enough perfect watermelons to satisfy our household (which easily consumes a melon a day for weeks on end).

Early Moonbeam Watermelon

75-80 days. *Citrullus lanatus*. Watermelons are hard to grow outdoors in Maine because they prefer hot nights. This yellow fleshed and brightly flavored variety is originally from Peace Seeds, a seed company sprouted by the late Alan Kapuler, one of Betsy's early role models in the seed saving community. The business is now being nourished by Kapuler's daughter and her young family, check them out!

Costata Romanesco Zucchini

52-60 days. *Cucurbita pepo*. This Roman cocozelle heirloom has nutty fruits that keep their firmness when cooked. It's a texture that makes you question 'why grow any other summer squash variety?' Sure, you don't get as many fruits as other summer squash but if your neighborhood is anything like ours, you get to the point where everyone is trying to offload summer squash. A modest supply of a great thing is better than a lot of something less desirable.

Saffron Yellow Summer Squash

42 days. *Cucurbita pepo*. Produces mild tasting tender flesh yellow fruit for a long time, if you keep picking them. We started harvesting in July and stopped in September. After we filled our freezer and ate as much as we could handle, we kept daycare and neighbors stocked for weeks. Best flavor and texture when harvested at 4-6".

Baby Pam Pumpkin

95 days. *Cucurbita pepo* var. *pepo*. Betsy has kept this variety since around 2012 and in its early years it crossed with an acorn squash, which made it sweeter and more creamy than other Baby Pam's on the market. For the last five years, it has shown uniform reliable production of delicious non-stringy 3-4lb. perfect pie sized pumpkins, and always a handful of small ones (perfect for decoration and gifts).



REBA Acorn Squash

82 days. *Cucurbita pepo var. turbinata.* REBA stands for Resistant, Early, Bush, Acorn. We noticed an occasional variation in fruit shape, some off-types present in this population, which we selected against. One year we isolated these by growing them in the bottom of our gravel pit, totally neglected: still yielded! This year, one plant volunteered out of a crack in our concrete pad!

Waltham Butternut Squash

60 days. *Cucurbita moschata.* Born & bred in New England during the 1970's, this butternut knocked our socks off with its vigor and bountiful production, yielded around 10-15 fruits per plant. Fedco's best-selling winter squash variety.

Black Forest Kabocha Squash

75 days. *Cucurbita maxima.* Stands out because of the sweet and nutty, dense, delicious fruit. It's a festive addition to any table. Seed originally sourced from Uprising Seeds, they say "The classic squash of Japanese cuisine, it is for those who value richness over sweetness."

FABACEAE (LEGUMES)

Skunk (Chester Flag) Pole Bean

90 days. *Phaseolus vulgaris.* Black and white speckled climbing bean, harvested dry. From the Haudenosaunee and Abenaki nations of North Eastern North America. It is also called Chester Flagg bean because made popular by Gail Flagg of Fort Kent, Maine who said it was grown for a long time in Chester, Vermont. Trellising is necessary, each vine has the capacity to produce a lot of beans, we enjoy eating this meaty, creamy, beautiful bean all winter.

Blue Lake 274 Bean

55-70 days. *Phaseolus vulgaris.* Added to our seed garden in 2024 because it's a favorite of our neighbors over at Gibbs. This stringless green bush bean is better when frozen than the yellow wax bean we offer. An old-fashioned variety that is everything you expect in a green bean and great for canning.

Yellow Wax Bean

55 days. *Phaseolus vulgaris.* Tender, reliable, easy to grow. Your regular bush type snap bean, just yellow and crisp. Best seeded with hot season crops like corn, once the soil warms up a bit. If you keep picking them, the plant keeps producing!

Alderman Shell Pea

75 days. *Pisum sativum.* Produces 6-11 peas per pod, plants become loaded with shell peas. Best picked and processed with some regularity to get the most productivity. More hardy and bigger pea than Green Arrow. Needs trellis.

Green Arrow Shell Pea

68 days. *Pisum sativum.* Tasty English heirloom produces smaller pods than Alderman. The peas are sweet and plump, the texture is superb. Bush type, but prefers to be staked. It is resistant to both fusarium wilt and powdery mildew.

Sugar Snap Pea

58 days. *Pisum sativum.* No garden is complete without snap peas for fresh snacking in the springtime. Everyone loves munching down these sweet and crispy peas and they seem to produce enough abundance to satisfy a family of spring pea-eating fiends.

Tendersweet Snap Pea

65 days. *Pisum sativum.* For those who love snackable snap peas, but dislike the chore of putting a trellis up in your garden, this one is for you! Dwarfed vine, nice crunch, sweet, and able to compete with lots of weed pressure, its an easy choice for the first time gardener.



Green Beauty Snow Pea

60 days. *Pisum sativum.* Bred by eminent public domain plant breeder, Dr. Alan Kapuler, this pea easily outproduced all our others in 2023, becoming laden with slightly contorted pale green pea pods. We



harvested snow peas weeks before any other pea and they kept yielding until everything else was done. Great for snacking and sauté! Grows 6'-8' tall so trellising is necessary.

GREENS

Ice Bred Arugula

25-45 days. *Eruca sativa.* Arugula has a peppery, spicy, and slightly tart flavor. It has a green freshness that makes it a popular addition to salad mixes. It can also be served warm or used in a pesto. First used as a medicinal herb and aphrodisiac. Thanks to CR Lawn for our stock seed!

Red Acre Cabbage

75-100 days. *Brassica oleracea var. capitata.* Compact 5-7-inch sized red cabbage that will fulfill your summer coleslaw cravings and your kraut jars. It is a standard cabbage, grown for its adaptability and disease resistance. We love this variety because it performs even under unfavorable conditions that may arise, such as weed pressure, excessive heat, and early mild frost.

Bright Lights Chard

60 days. *Beta vulgaris.* Chard is a good substitute for spinach, it grows in our greenhouse practically year round and can produce in the field from early spring to hard frost. Even the most greens-averse dinner guests are curious to try this colorful veined variety with bright oranges, reds, pinks, and yellows.

Frisée Endive

60 days. *Cichorium endivia.* Notable for its bitter and peppery flavors, frisée is a great alternative to a summer lettuce crop because it doesn't bolt as quickly in the heat, it also survives low temps and can be grown in a winter greenhouse. Its curly, finely dissected leaves make it a beautiful addition to any plate. We find it growing in the most surprising of places!

Lacinato Kale



50-80 days. *Brassica oleracea var. palmifolia.* We like this heirloom variety for its dark green, long, bumpy, flat leaves. Its easy to clean, has tender leaves with a subtle sweetness that makes them good for smoothies, soups, and sautés.

Sierra Crisp Leaf Lettuce

55-60 days. *Lactuca Sativa.* A winner of a lettuce: it is easy to grow, holds in the field longer than any other lettuce we grow, and has mild taste and crispness to satisfy everyone.

Bronze Mignonette Butterhead Lettuce

45-55 days. *Lactuca Sativa.* Heirloom butterhead lettuce from Siberia, with a bronze tint on the green leaves. Heat tolerant and slow bolting. Open structure makes for easy cleaning and beautiful presentation. Our population crossed with wild lettuce, off types are extra hardy and extra bitter.

Cimarron Romaine Lettuce

58 days. *Lactuca Sativa.* Upright stature can grow big with ease. This lettuce, grown since the 18th century has bright green leaves that fade to deep red tips, strikingly beautiful in the field and on the table. We love to use the tender big leaves as scoops and as wraps!

Lettuce Mix

43-60 days. *Lactuca Sativa.* A mix of all our lettuce varieties, this is what we sow for personal use, so we thought others would appreciate its varied harvest and diversity.

Speckled Bibb Lettuce

43-55 days. *Lactuca Sativa.* Grows quickly in cool weather. Attractive light green leaves are spotted with red dots. Can be picked as baby or full heads, colorful addition to salad mixes.

Green Frills Mustard

20-45 days. *Brassica juncea.* Green Frill mustard has thin, deeply serrated leaves with a frilly, delicate appearance. The foliage and thin trailing stems are a bright golden green color. The texture is crunchy with a robust mustard flavor and spicy pepper-like finish. The young leaves are mild and best used raw, but more mature leaves stand up well to a light sauté.

Pac Choi



27-50 days. *Brassica rapa var. chinensis* A no nonsense green, practically effortless to grow. Crunchy and mild pale green stem, open stature, short, and slow bolting. To prepare we like to halve, sear in oil for just a minute, then add a braise like soy sauce and toasted sesame oil. A quick side for fish or easy addition to stirfry.



Spinach Grex

45 days. *Spinacia oleracea.* **Updated for 2026.** Are there some crops that you have a green thumb with and others that you can't seem to pin down? For Betsy, spinach is the latter, if timing and seasonal conditions aren't perfect, there is a lingering wanting for this special green. As an effort to bring more diversity and vigor to our spinach lineup, and (fingers-crossed) have a more successful spinach in years to come, we have begun this vegetable grex. This seed crop is the second cross of the most vigorous plants from Butterfly, Bloomsdale, Old Dominion, and Red Veined varieties, so offspring will be mixed. Grow this along with us annually to watch how it evolves.

ROOT VEGETABLES

Shiraz Beet



57 days. *Beta vulgaris.* Easy growing, super sweet, we have seen it capture the palate of even the most beet adverse taste buds. We find this variety competes well under weed pressure and in drought conditions, that it holds well in storage, that it's not as earthy as most beets, that it has notably less oxalic acid, and that its sweetness cannot be surpassed.



Scarlet Keeper Carrot

80 days. *Daucus carota.*



A most treasured winter good in our home, this variety keeps easily until April in our root cellar if we don't gobble them up before. Despite the name this carrot is orange, not at all red, perhaps its the vibrancy that coined it 'scarlet', impossibly curious about this, please let us know, dear reader, if you have any insight. **Pictured below is our daughter checking the leaf-cutter bees pollinating the carrot seed crop.**

What is the true value of a seed?

Each crop has unique needs, while some seed crops are easy to grow, harvest, and clean, others are quite complicated. Carrot seed for example is effortful to produce, but that is not reflected in the bulk market price of about \$9.49/oz, about 20,000 seeds. They need a large population size to produce viable seed, so to grow the Scarlet Keeper carrot seed listed this year, we grew 400-600 carrots in 2024 and carefully harvested them in the fall to prevent nicks. Soon after, we did a round of selections for form, color, and lack of green shoulders as we delicately packed about 120 carrots into sawdust and placed them in the root cellar all winter. In the spring we took the box out into the sunshine daily, increasing the exposure to sunlight slowly so as not to surprise them (which can cause shock and prevent them from growing on when planted). Then we planted 70-100 of the most perfect carrots to select for storage quality, and let the spring rains work their magic. Importantly, Queen Anne's lace, a poisonous relative crosses readily with our treasured cultivated varieties, and abounds wild on our farm. So we use fine insect netting to make a chamber around the carrots. However, carrots require insects for pollination, so we brought in leaf cutter bees and blue bottle flies which both have their own needs and life cycles. If this wasn't tricky enough already, it is also imperative to time... (continued on page 32)

Harris Model Parsnip

110 days. *Pastinaca sativa*. Early 20th-century American heirloom, known as a quintessential standard tapered, creamy-white roots, fine-grained flesh, with nutty sweetness deepening after frost. Our roots were massive, some two feet deep with a 4-6in girth because we planted them a bit early, so we recommend harvesting between 100-120 days allowing for a few frost kisses for sweetness, tenderness, and ease.



French Breakfast Radish

28 days. *Raphanus sativus*. An heirloom that became popular in Paris in 1879, a petite sweet and mild oblong shaped salad radish is enjoyable even for the most sensitive to spice palates. Our seed stock was all over the place so we tried to select for the most uniform and true to type radishes but give us a few years to dial it back in line. In the meantime, enjoy it sliced thin and piled on buttered bread with a bit of sea salt and pepper.

Zlata Radish

34 days. *Raphanus sativus*. Zlata radishes are favored for their fast-growing, productive nature, mild, sweet and peppery flavor, and resistance to bolting. Native to Eastern Europe, Zlata is a rare heirloom variety introduced into the United States during the 1800s. Zlata's name comes from a Slavic word meaning "gold." Favored for unusual coloring, mild flavor, and summer heat tolerance. At some point a Plum Purple or a Cherry Belle radish seems to have crossed into our population so some beautiful rose colored radishes happen every once in a while, we love this variation and are going to try to keep it around.

Purple Top Turnip

50-80 days. *Brassica rapa subsp. rapa*. We produced this variety in bulk for all you deer hunters out there who are looking to attract your fall bounty, deer love it! It's a great forage crop for livestock, too. Good

to eat pickled, roasted, mashed and in stews or, like our little family prefers, fresh and crisp right from the garden. This timeless heirloom variety is over 100 years old, white with a purple top, and grows quite large if you let it.

SOLANACEAE

Diamond Eggplant

80 days. *Solanum melongena*. We trialed open-pollinated eggplants that are hardy in Maine, and this one is the winner. We used to grow a few varieties each year but now we will stick with only Diamond. High yielding, even in the open field without row cover. Typical Italian-style appearance and perfect texture, this will fit the bill for all your favorite eggplant dishes.

Aunt Molly's Husk Cherry

75 days. *Physalis pruinose*. Very sweet yellow fruit inside a papery husk. The fruit is ripe when it drops off the plant. A wonderful plant for little kids to show off to their friends, a great garden snack for fresh eating in the field but be careful because it can self-sow and become a nuisance.

Ancho-Poblano Hot Pepper

75 days. *Capsicum annuum*. Most Ancho-Poblano peppers are hybrid and produce well only in climates with warm nights. This variety is open pollinated, and although it doesn't yield huge fruits, they can be abundant if grown under row cover or in a greenhouse.

Grandma Suzy's Cayenne

85 days. *Capsicum annuum*. This cayenne variety was saved and shared to us from Betsy's mama. It takes a while to set fruit, but in September the whole plant is loaded, and it looks like beautiful Christmas tree full of perfectly identical red and green ornaments. If fall is mild, plenty fully ripen to a scarlet red, and one plant will produce more cayenne than most families use in a year.



New Mexico Chili

70 days. *Capsicum annuum*. Given to us from a country neighbor just 40 minutes down the road in Blue Hill. She selected this New Mexico chili pepper for 10 years in the Maine outdoors. Best dependability is under row cover or greenhouse, this pepper ranges from 4k – 6k Scoville Units, mild to medium heat like a jalapeno, with sweet and smokey characteristics. A terrific roasting pepper or used dried in chilies and other dishes. Transport yourself to Santa Fe as you string these peppers up to warm up the winter months. But keep humidity low until it's time to fire up the wood stove if you live in Maine!

Hot Marconi Pepper

85 days. *Capsicum annuum*. At Bloomsorganic (where Betsy farmed for six years), annually a character named Ralph custom ordered hundreds of three varieties of heirloom peppers saved by his family since, “the beginning of time.” Betsy started saving the lines, which helped Ralph keep them in existence when he had bad years. This is the classic Italian hot pepper and it is a surprisingly robust producer here. You might want to open the windows when you are processing this for home use, it's powerful.

Paprika Pepper

70 days. *Capsicum annuum*. Been growing and saving seed from this line for years, not sure the original parents or variety. Has a little kick. Harvested red, dried, seeds removed, and then blended down to a powder for the most flavorful paprika you have ever tasted!

Shishito Pepper

80 days. *Capsicum annuum*. Excellent flavor, famous for grilling, blistering, sautéing, and frying. Occasional hot one in the mix. Typically we save first fruits for seed harvest. But we get so excited to blister up the earliest fruits on the pan that we take a chance and hope later fruits will ripen for seed. Our most reliable pepper.

King of the North Sweet Bell Pepper

65 days. *Capsicum annuum*. We are replacing our Red Bell with the King of the North because it is a true champion in this environment. This perfect and uniform sweet pepper can be enjoyed green or red, but eat it fresh, it is not to be dried. Although it can be frozen or canned with some success, we find ours always gobbled up with no excess. It will produce until frost.

Indigo Rose Cherry Tomato

80 days. *Solanum lycopersicum*. Starts out with blue skin, turns red with a blue hue when ripe. Red flesh, beautiful fruits. Open growing habit. It is actually a bit larger than typical of a cherry.

Inglehart Cherry Tomato

75 days. *Solanum lycopersicum*. Tiny yellow fruits explode from these sprawling plants. Sweet, light flavor. Moderate acidity. Season long producer. I dare you to pick and eat them all, it's practically impossible.

Isis Candy Cherry Tomato

65 days. *Solanum lycopersicum*. Striped with shades of reds to yellows, usually golden flesh. Sweet and fruity.

Tiger Blush Cherry Tomato

65 days. *Solanum lycopersicum*. Eye catching stripes, balanced, low acid, sweet tomato flavor. Early and abundant producer. Tapered oblong fruit about 2” in length. Sprawling vines and hyper crack-resistance. Ben's #1 favorite tomato.

Amana Orange Heirloom Tomato

80 days. *Solanum lycopersicum*. Large deep orange fruits weigh in at 2+ pounds and resist cracking for such large tomatoes. Sweet, almost tropical, flavor. In 2024 we noticed some red fruited plants in the population, they were still delicious. But the pure vivid orange of this variety delights us and we are working to get back the uniformity for its bright orange appearance.



Black Prince Heirloom Tomato

70 days. *Solanum lycopersicum*. 4 oz purple/black fruits. Regarded as a “true Siberian tomato” does well in cooler climates. Best in show year after year, fulfilling all of Betsy’s wildest BLT dreams.

Cherokee Purple Heirloom Tomato

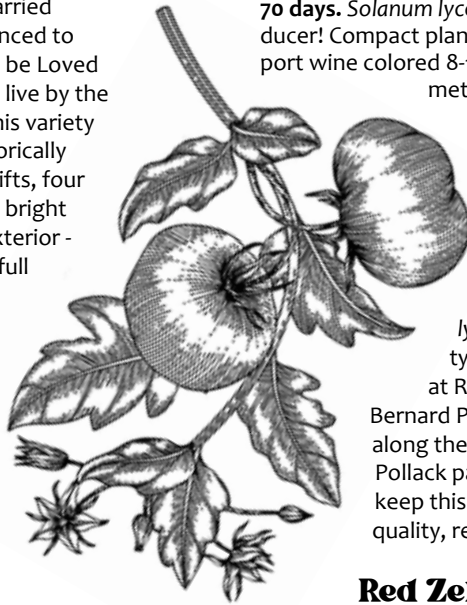
80 days. *Solanum lycopersicum*. Pinkish-Purple skin and flesh. Tends to crack and lower yielding, but beautiful and meaty with unmatched distinctive flavor. A well known and well loved heirloom.

Nebraska Wedding Heirloom Tomato

85 days. *Solanum lycopersicum*. Determinate (2 weeks of harvest). Ben & Betsy got married in Nebraska and danced to “How Sweet it is to be Loved by You” performed live by the Jerry Pranksters. This variety of tomato was historically given as wedding gifts, four inch round, striking bright orange flesh and exterior - plump, sweet, and full of love!

Pink Ox- heart Heirloom Tomato

70 days. *Solanum lycopersicum*. Big (2 lb) beautiful, heart-shaped deep pink fruits, juicy and delicious. Heavy producer. There were a substantial amount of red off types in this population in 2024 and 2025, so we are selective in seed saving, we will see how uniform it is in 2026.



San Marzano Roma Tomato

95 days. *Solanum lycopersicum*. Traditional Italian “finest sauce” variety. Late, and not a heavy setter in the Maine environment, but a superb sauce tomato worth the gamble.

Yellow Marfino’s Roma Tomato

75 days. *Solanum lycopersicum*. Semi-determinate. Heirloom. 3 oz. oval fruit, few seeds, low moisture for saucing. Outlandish yield in the sauce type category and overall. Our open field crop with no season extension completely overwhelms our ability to harvest and process, usually passing some on to the Waldo County Give & Take.

Berkeley Tie-Dye Slicing Tomato

70 days. *Solanum lycopersicum*. Early producer! Compact plants produce beautiful port wine colored 8-12 ounce beefsteak with metallic green stripes fruit with a very sweet, rich, dark tomato flavor.

Ramapo Slicing Tomato

80 days. *Solanum lycopersicum*. This is your typical red slicer, bred at Rutgers in 1968 by Dr.

Bernard Pollack. His son passed along the seeds to Betsy when Dr. Pollack passed. Its an honor to keep this variety in existence. Firm quality, reliable production.

Red Zebra Slicing Tomato

75 days. *Solanum lycopersicum*. Bright red skin, jagged orange stripes. Tart 2 inch fruits. Ceaselessly prolific, and with such a striking appearance it can’t be missed, really beautiful in a summer salad, producing well into the fall.

OTHER WONDERFUL VEGETABLES

Finale Bulb Fennel

80 days. *Foeniculum vulgare*. The cost of fresh fennel bulbs in the grocery store is high because they aren't easy to grow, but when caramelized to perfection then braised, it's a real treat worthy of splurging. If you can't get enough of this treat, might as well grow it! Producing seed for bulbing fennel is a real challenge in this environment because the seed-to-seed timeline of this frost-tender crop is around 200 days, and critters love it as much as we do.

Tango Cutting Celery

85 days. *Apium graveolens var. dulce*. Harvest July-October by cutting outer leaves close to the base without damaging the crown. This pungent variety is a great addition to summer salads and soups in the fall. Hardy down to just around freezing you can leave it in the garden for a sweet flavor in the colder weather and then harvest the whole plant when temps drop below freezing. We even enjoy the roots in vegetable stock.

Tuxana Sweet Corn

80 days. *Zea Mays*. A public domain white sweet corn variety that produces 2-3 large ears per plant, around 7 - 8" long and mostly 16 - 18 rows around. Bred by Jonathan Spero in Oregon. Our daughter loves checking for

readiness. As soon as the kernels are milky, she will sit in the shade of the corn crop for hours eating fresh corn right off the plant. We are grateful to have found an open pollinated variety that produces well in Maine.



Bleu de Solaise Leek

110-120 days. *Allium ampeloprasum*. A favorite breakfast recipe in our home is oatmeal with leeks, brie, and an egg over medium, sprinkled with furikake and nutritional yeast. The leeks are sliced thin and cooked slowly to crisp in a generous portion of butter. We don't skimp on the leeks, it's not a condiment, it's a co-star. This extremely cold hardy French heirloom with a beautiful bluish hue to the leaf does very well here and stores in the root cellar until we harvest our spring greens, which also accompany this cherished breakfast dish quite well.

Rossa di Milano Onion

110 days. *Alium cepa*. Long to intermediate-day length red Italian heirloom. Uniform for eye-catching pinkish-purple skins, sweet white flesh with pink lining on layers, and distinct round almost heart shape with flattened top, a real beauty. The taste is sweet and lasts well through the winter and in to spring in storage.

Elka Breadseed Poppy

85 days. *Papaver somniferum*. Homegrown poppyseed is a delectable treat. Easy to grow, pale pink-white flowers with purple smudges in the center. Original seed stock is from a woman named Elka in Chrenovec-Brusno, Slovakia, eventually passed to Roberta Bailey of Seven Tree Farm in Maine. Her selection made it 100% ventless, ideal for poppyseed production. The variety is supposed to be white-seeded, but we found some black seeds in the mix and we might keep it that way.

Peace Seeds Sesame Grex

95-110 days. *Sesamum indicum*. Since sesame is native to the grasslands of the Indus Valley and sub-Saharan Africa, you may ask, why do we go through the trouble of growing it in Maine? Well the answer is because we really enjoy using it in the kitchen. Peace Seeds started the endeavor of adapting it to cooler shorter seasons in Oregon with their grex and we plan to keep on keepin' on with it here on our farm.

TUBERS & GARLIC

Arabian Night Dahlia

80-100 days. *Dahlia pinnata.* While Ben was working on his Masters in Horticulture at UNL, Betsy and he (then unmarried) lived together in Lincoln, Nebraska. To the terror of their landlords they ripped up every scrap of lawn in the backyard of their rental unit and planted a well tended but wild appearing garden. One spring day in 2018, Ben came home from the UNL plant sale with these lovely dahlias for Betsy. Ever since we have kept these deep purple beauties.

Potato Mix

90-120 days. *Solanum tuberosum.* We spent the summer of 2020 in Westwold, British Columbia, a rural farming town, producing a cannabis seed crop under the umbrella of Humboldt Seed Company. There, our neighbor "Farmer John" gave us seed for what he called "Seblinda", describing it as a 100 year old European variety. It's like a large fingerling with perfect texture, we prize it over all other potatoes. When we moved to Monroe, our neighbor Victor welcomed us with a mix of local potatoes and we have incorporated them into our annual production to enjoy diversity.



this fine, large, easy to grow variety for yourself to enjoy year after year. Largest cloves of any true garlic we know. If you want to read the whole article just search "Bob Steffen's Hardneck Garlic".

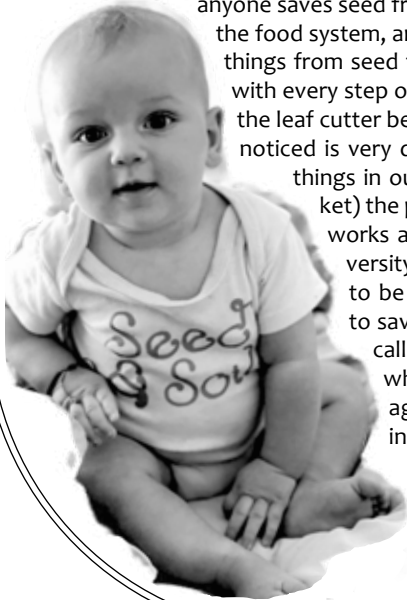
How To Buy Dahlias and Potatoes:

Both will be available during regular hours of our Nursery (see back cover) when conditions are right for planting. Potatoes can be planted in early Spring when the ground can be worked and we'll set them out at that time. Dahlias need warm soil at planting so we'll set those out towards the end of May. If you want tubers outside of regular nursery hours or earlier than planting season, call or email us.

How to Buy Garlic: We do ship seed Garlic! It's the only thing so far that we fulfill by mail. Garlic is available early September. If you want us to contact you when it is ready, send us an email or write us a letter and include the following information: Name, email, phone number, and quantity desired.



(continued from page 26) ...the receptivity of first flowers (primary umbels) and overlap that perfectly with the life cycle of the insects in order to be successful. If all things work out ideally, yield ranges from 1,000 - 8,000 seeds per plant, so we expected 5-40 oz of seed for all that effort, equating to \$47.50 - \$380 bulk wholesale for the whole crop. The time sunk into producing this crop doesn't balance with the market price, so why do we do it? We love carrots, every time anyone saves seed from their garden it expands the biodiversity of the food system, and we love teaching our children how to grow things from seed to seed. Yes, our now 4 year old Lyla, helped with every step of this process and took extra care to check on the leaf cutter bees regularly, and create their home which she noticed is very different from the honey bees. As with many things in our food system (and even broader retail market) the price of seed reflects a centralized system that works at scale but maintaining and expanding biodiversity and food sovereignty requires seed saving to be in many hands and gardens. Its a radical act to save seed- call it defiance, call it counter culture, call it remembering how to live in this world, call it what you will, even call it crazy - but we encourage you to try it, but start with lettuce and peas instead of carrots.



Mama runs the vegetable show around here and this guy is the most precious seedling, requiring the most time and investment of energy in '25 and '26

GLOSSARY OF TERMS

Cannabis folks use a lot of jargon. It's common to hear wonderfully playful terms as well as science-flavored vocabulary when it comes to talking about growing weed. Cannabis is still becoming a safe topic for formal scientific research so the standardization of terminology is ongoing- there is no "correct" language. This glossary is intended to demystify and clarify our own weed language.

Accession – A bag of seed that gets indexed or organized with any level of understanding of its provenance is an accession: a thing you can "access". It could be bag seed from all the random plants in your neighbor's backyard for it could be a bona fide S9 of a Maui Wowie cut that you personally sourced, bred and hunted as your life's work.

Autoflower – "Autos" or "Autoflowering plants" only respond to their own age to induce flowering. When they are old enough, about 4-6 weeks, they begin to produce reproductive organs regardless of light cycle. "Photoperiod insensitive" or "Day Neutral" would be how a plant scientist names this trait. In a wild setting, this trait allows cannabis to finish its reproductive cycle in very high latitudes with short warm seasons – think Siberia. **Growing Tips:** Autos are ready for harvest 70-120 days from seed, similar to many vegetable crops. Autos thrive naturally outdoors in Maine when germinated any time from mid May to late June. Season extension tricks can expand and enhance the possibilities autos offer to the outdoor grower. But beware, baby autos are sensitive. Key to growing autos is that their young root ball cannot be allowed to feel cramped –

even for a few days! You must transplant promptly or avoid transplanting altogether by using a large container. When you look down on a seedling from above, if its leaf tips have grown as wide as its pot's margins, it's time to transplant (see page 17 for picture). Roots should not have time to even somewhat knit the soil together. The soil plug will be fragile. Peat pots are ok, but they should be gently cut or ripped at transplant because they don't immediately allow roots through when transplanted. Failing in this causes autos to blast into flower before they have time to put on much growth. **A bit of history:** Cannabis with this trait was classified as its own species in the 1930's, *Cannabis ruderalis*. This was after Carl Linnaeus named *Cannabis sativa* in his 1753 book *Species Plantarum* which set the modern standard of scientific naming of organisms which we all recognize (ie. *Genus species*). More recently, botanists treat Cannabis as a single species because all three previously classified groups (*indica*, *sativa*, and *ruderalis*) interbreed readily. This history lesson is meant to illustrate that Autoflowering is better considered a trait among many traits (like color or height) within cannabis, rather than a separate category of cannabis – this day neutral trait was absent from the drug, seed, and fiber crop that humans have enjoyed for hundreds of years, which Carl Linnaeus knew (and presumably loved). As breeders embarked on imparting the auto trait into some great strains (see 'introgression'), the first results of this work were lackluster, and autos as a group gained a reputation of being low potency, without much interesting variation available. That used to be true, but now the only safe generalization about autos is that plants with this trait behave so differently in the garden that we must treat them differently to get the fast and early harvests that they offer!

Bulk Selection – Any time a subset of a population is selected for advancement to the next generation by combining seed from a group of plants with the desired characteristics. Often determined by 'culling' off-types.

Culling – Killing or otherwise excluding individuals from advancement to the next generation of a seed line for the purpose of eliminating their undesirable traits from the line

Donor – aka. 'Pollen Donor', when we say donor we mean 'masculinized female cannabis plant' we use silver thiosulfate to disrupt the ethylene sensing protein which (when not gunked up with silver) stimulates a plant to develop female flowers. Absent the signal from this protein, the plant defaults to making male flowers. We use the technique described in the 2018 paper titled "Foliar Sprays of Silver Thiosulfate Produce Male Flowers on Female Hemp Plants" by Jessica D. Lubell and Mark H. Brand. Donors are the key to making 'feminized seeds,' 'fem breeding,' and 'selfing'.

F1, F2, F3 etc. – F stands for 'filial' which is Latin for offspring. So F1 is an abbreviation for "first filial generation" ie. the first generation in succession descended from a particular generation, Fo. This "F" abbreviation can be a little misleading because it can apply to ANY selection strategy or lack thereof. In cannabis circles "F9" may be assumed to be highly inbred by nine generations of full-sib crossing, but it's just as accurate to name a generation 'an F9' if it is bred for nine generations of population breeding. The beauty of this "F" abbreviation is that it puts cross hairs on the Fo generation – the parents in question of a particular seed line. If seed is Fx, it is descended from those Fo parents, and no other genetics have entered the line since that F1 population was born and 'x' indicates the number of generations in which selection could have taken place.

Fem Breeding – Using female-only seed lines to advance a breeding goal. Often by 'selfing'. This is common in the world of "clone-only strains", aka 'elite clones' (See 'Unicorn'). Fem breeding is at play prominently where the dissemination of 'hype strains'



is concerned. Using female pollen parents is a powerful tool, both for rapidly increasing uniformity and for knowing exactly what female traits are entering a breeding project. But the result is new strains with no males. We like true males; we like the ease of outcrossing, we like that it's the "natural" form of cannabis to be in population with true males, we like that home growers can save their own seed more easily with males, and we even believe that males preserve the long-term overall adaptability of the plant (despite having no solid evidence to support this, it's just a gut thing)

Feminized – aka. "Fem seed". Seed that will give rise to >99% female phenotype plants. Making 'reliably feminized' seed is something we devote maximum care towards. Many are curious, so here's our explanation of how fem seed occurs: Cannabis, like humans, inherits sex from 'sex chromosomes'. One out of its 10 chromosome pairs (humans have 23 pairs) can either be XX or XY. Two X's makes you 'genetically female' and XY makes you genetically male, cannabis and humans alike. But, unlike humans, genetically female weed plants have all the genes needed to make pollen, it's just the hormonal controls that result in female-only flower on a female plant. A female plant can get tweaked, stressed, unlucky, whatever – hormones happen, and it makes pollen. But to make fem seed we intentionally force female plants to make pollen (see 'Donor'). Pollen doesn't get pairs of chromosomes, it only gets one chromosome from each pair that the parent carries, so when a genetically female weed plant makes pollen it selects one chromosome at random from the two X chromosomes – always an X chromosome in its DNA. Then it lands on another female plant which also brings only X chromosomes. All the seeds from this pollination have XX in their sex chromosome pair – genetically female. But it's nature, and nothing's perfect, hence the 99%!

Full Sib Cross – Allowing exactly two parents to mate. Second fastest inbreeding strategy, second to selfing. An example: for our 'regularizing' projects we set out a bunch of regular plants in a pollen chamber. When they show sex, but before the males throw pollen, we reach consensus on the best male for the job – and kill the rest! Then, all the females get pollen from that one plant. We repeat the process on the females when they're showing their stuff and full of seeds. The best individual females contain seeds which are "full siblings" only if they are saved as individual accessions.

Grexx – A grexx is a mixture of varieties grown and saved together, allowed to cross pollinate. A starting point for a breeder to select and narrow things down from a wide gene pool. There will be a lot of variation amongst the grexes we offer, different from most seed sold to home gardeners which comes from a narrowed gene pool to increase uniformity. We admire the grexx's ability to adapt in the face of adversity.

Half Sib Cross – Allowing exactly one pollen parent and multiple seed parents to mate (or vice versa). Not a super-fast strategy for inbreeding, useful for preserving genetic diversity while eliminating undesirable traits from a seed line.

Herming – When a genetically female plant makes male flowers. Also called "turning male" or "throwing bananas", it is a nightmare for growers! This is scary because it can seed your crop. Some strains are more susceptible than others, but every plant is capable. The best protection is to avoid any funny business with light cycle – for example, don't run plants indoors under 24 hour light for weeks. And we've found that our more modern strains with higher THC can herm in response to a "hard flip" switching right down to 12/12 light cycle at once – whether by light deprivation, or indoors under light. Use a slow flip, stepping up the dark period by no more than one hour per day or two.

Homozygosity – Genetic uniformity within an individual plant. Mendel’s peas had red flowers when homozygous for the red gene at the flower-color location (a red gene in both available slots of that location of the DNA strand), and white when homozygous for the white gene. But the flowers were pink when heterozygous at the flower-color location.

Inbreeding – Increasing homozygosity in a seed line (See ‘Homozygosity’). The goal is to increase uniformity by narrowing the gene pool. Selecting only individuals with desired traits for following generations steers this process. The speed of inbreeding (ie. how many generations are needed to achieve the same increase in homozygosity and resulting uniformity) depends on the kind of cross used at each generation. Crosses in order from fast to slow: Selfing, Full-Sib Crossing, Half-Sib Crossing, Population Breeding. The fewer individuals allowed to pass their genetics to the following generation, the faster inbreeding happens. Inbreeding is a very good thing when it comes to getting uniformity from a population of plants... but it can have unintended consequences! “Inbreeding depression” is recognized across all kinds of organisms. In cannabis, it can show up as a high proportion of plants just straggling along, or an overall lack of vigor in the population, or lots of herms. The most universal plant breeding goal, regardless of crop, is maximum homozygosity in genes responsible for traits you care about (color, ripening time, flavor, disease resistance etc.), and maximum genetic diversity for those traits which you don’t really see at work, but which support plant vitality.

Introgession – The breeding process used to bring one desirable trait from one seed line into another seed line. We say ‘introgession’ a lot when we talk about making ‘brand new’ autos: crossing an auto with a photo and reselecting subsequent generations to make a seed line uniform for both the autoflowering trait AND whatever dankness we loved from the photoperiod ancestor. The second generation (F₂) after the auto/photo cross results in roughly 1 in 4 individuals expressing the autoflowering trait. Within that quarter, you find every possible combination of aroma profile from the auto and photo parents. Working with a massive population in the F₂ generation is essential. A full sib cross between utterly dazzling F₂ individuals is a powerful leap forward in a traditional plant breeding project. In this catalog, Etrog Auto, Raspberry Parfait Auto, Red Sand Headband Auto, Toy T. Wrex Auto, and Starlight Venom Auto are our original introgressions. Raspberry parfait’s F₂ generation contained about 2000-2400 individuals, Etrog was only 400 (but we got lucky and that strain is really nice). The rest were somewhere in between.

Light Deprivation – Giving extra darkness hours to plants to induce flowering and harvest earlier. People use blackout tarps pulled over hoop structures or move potted plants into a dark garage a few hours before sunset each night and return them outside after dark.

Mixed Ratio and 1:1’s – Also called “Type II”. Cannabis can contain a single dominant cannabinoid, with 90%+ of its total cannabinoids accounted for by just one molecule (often THC). Mixed ratio plants have some kind of more balanced ratio of cannabinoids, most commonly CBD and THC. We call these 1:1’s referring to the roughly half and half ratio of THC to CBD. All of our 1:1’s are photoperiod plants. To make them, a THC dominant strain is bred with a CBD dominant strain. The result is a plant with a mixed ratio of cannabinoids which some consider to be more medicinal. Please note that the final ratio of THC:CBD is not necessarily 50:50.

Mom – We say “mom” a lot in our descriptions, we don’t mean ‘mother plant’ as in the case of producing clones. ‘Seed Parent’ would be a more descriptive term. The mom is

the female plant that made the seed accession. Many of our cannabis seed releases are the seeds of just one mom which increases the uniformity of that accession.

Photoperiod – “Photos” or “photoperiod plants” respond to the length of nights to trigger flowering. “Photoperiod Sensitive” is how plant scientists name this trait. You will harvest photos in the Fall whether you plant them early Spring or late Summer. As nights lengthen, photos flower. In a wild setting, this results in flowering during Fall at temperate latitudes, or flowering whenever the plant is old enough in the tropics. Indoor growers rely on light cycle to control flowering with 18/6 (18 hours of light with 6 hours of dark) being the standard for “Veg” and 12/12 standard for flower. Short dark periods allow growers to preserve mother plants for years or even decades which can be “cloned” to make genetically identical plants. This trick only works with photoperiod plants. These plants can grow into “trees” with the right care. Photos are the most commonly grown type of cannabis. Centuries deep in history, photoperiodism was a trait shared by all the cultivated Cannabis varieties, including seed and fiber hemp, so it is the center of diversity for amazing arrays of terpenes and high THC.

Pollen Parent – The plant(s) that makes the pollen in any given pollination. Self-explanatory, but very useful since we use both males and females as pollen parents in our breeding. There are always two parents. Sometimes both parents are genetically the same plant (see ‘Selfing’).

Regular – Seed that will give rise to true males. Cannabis is dioecious which means it has female and male plants. Males make pollen. Pollen touches female flowers and makes seeds. Seeds ruin your sack of weed! Most people prefer to stick with feminized seed rather than regular so that they don’t have to cull males and risk seeding out their crop. Others allow a bit of male pollen near the garden and take some advice that was as good 60 years ago as it is today: don’t smoke the seeds.

Seed Line – Refers to all generations within an incrossed population or breeding project. An outcross could be the beginning of a new seed line, or a step in an interogression project. Seed line kind of a loose term to point at a whole succession of ancestry.

S1, S2, S3 etc. – See ‘F1, F2, F3 etc.’, but instead of each generation being a cross within the same sibling group, it’s a cross of the genetically exact same individual (see ‘Selfing’)

Selfing – Using the genetically identical plants for both pollen parent and seed parent. Accomplished by using clones and feminizing. See ‘Inbreeding’

Strain – This word does a lot of heavy lifting in the cannabis world – it sounds like a science thing, but it’s mostly marketing. Breeders of other crops use terms like ‘variety’ (for seed-propagated crops) or ‘cultivar’ (for vegetatively propagated or ‘cloned’ crops). Microbiologists call genetic lines of bacteria ‘strains’... and weed folks call different kinds of weed ‘strains’. Go figure. If you smoked Trainwreck in 1999 and went to a dispensary today and bought a preroll of Trainwreck, the chances of that weed being identical are low. But a Granny Smith apple from 25 years ago is verifiably identical (genetically) to a modern one. Cannabis poses two unique conundrums for verifying genetic provenance or conveying quality of the product. First, it was illegal during the development and preservation of all the modern strains, so regulation was never in place to protect intellectual property of breeders. Second, cannabis is propagated by both cutting and seed in a meaningful way in industry and at home-scale. This is truly unusual for a crop species! Can you buy Granny Smith seeds? Preposterous! Could you imagine buying 100 clones of Sugar Snap Pea? Ridiculous! The meaning that ‘strain’ carries in the cannabis

world is distinct from any other agricultural crop. It's lingo that is likely here to stay, which is a cool example of how language is a living evolving thing.

True Male – A fearsome sight indeed! (for most, excluding seed producers) A true male cannabis plant allowed to grow to maturity and dump pollen will produce enough pollen to make opaque yellow clouds or ruin neighbors' outdoor ganja crop for miles around! By far the easiest way to get pollen and make seeds. When a true male begins to flower, there are at least 10 days from when its anatomy is undeniably, obviously, male to the time it becomes 'dangerous,' spewing pollen and being a hazard to your flower crop (or our seed crop!). The pollen bearing structure (anther) looks like a 2mm yellow banana. Once it pops out of a dangling roundish male flower bud, there are hours or mere moments before a breeze releases its pollen! If you see the yellow anthers, you've almost certainly had a pollen release. Learn to ID the unopened flowers and never fear pollen again.

Quicks – Also called "fast versions." Quicks are F1 hybrids using a photoperiod and an autoflower parent. They still need to feel the nights lengthen to begin flowering which lets them put on a full summer's worth of growth, but they begin flowering a bit earlier and tend to ripen in September. Anecdotally, they finish a bit sooner when started in late-Apr/early-May, or earlier under lights, so that they go into the garden with enough age to show sex and almost decide to flower with the slightly longer nights of spring, but then snap out of it and grow big. Early-sown Quicks like this are always the earliest plants in the garden besides autos.

Unicorn – A specific photoperiod clone. A very special plant preserved in clone form for propagation and further breeding. Unicorns are typically 'hunted' from large populations, every bean has the possibility of being a magic one!

Want to taste our strains?

We don't make smokable flower. Drying and curing is an art that we leave to other professionals. Our sun-grown harvest reaches recreational shelves through a few Adult-Use Manufacturers. We believe that Cannabis grown outdoors with organic practices, processed minimally to retain the diverse compounds and aromas of the plant, can induce euphoria and wellbeing. We are thankful to our manufacturing partners for helping us deliver our bounty to your hands.



FAQ:

What are the rules for shopping at the Nursery?

No medical card is needed. Everyone 21 or older can buy. We can sell up to 12 plants per person per day, and an unlimited number of seeds. Under 21? You can still shop with us for herb, flower, and veggie plants and seeds. **Cash or check only.**

When can I visit the farm? See back cover.

Do you ship cannabis seeds? No. Our Maine Adult Use License does not allow this kind of sale. All retail transactions from our nursery must happen in person on site.

Where do you suggest I find information on growing herbs, flowers, and vegetables from seed to harvest? We use the Fedco, Seed Savers Exchange, and Johnny's Seed Catalogs regularly. The New Seed Starters Handbook by Nancy Bubel is our favorite reference for growing from seed.

Where do you suggest I find information on growing cannabis from seed to harvest? We don't claim to be the highest authority on the best way to grow pot - there is no best way! As the renowned poet Rumi wrote, "There are many ways to kneel and kiss the ground." Our role is providing genetics that sparkle. Our friends at Humboldt Seed Co, the 'She Grows at Home' podcast, and seednest.com offer great learning resources.

Quality Guarantee: Seed industry standards for quality assurance are a priority, so if you have any questions, comments, or issues about germination, feminization, or other quality standards, please ask! Everything we sell is produced here on our farm, we don't resell anything. We happily replace seeds or plants when things don't work the first time but our liability is limited to the purchase price of seeds or plants, as good results depend on factors beyond our control.

Pricing

Type	Dates of Availability	Size or Amount	Price (includes tax)
Cannabis Seed	Year Round	5 (Feminized) or 12 (Regular) Seeds/Pack	\$50 (volume discounts)
Cannabis Seed Variety Pack	Year Round	12 feminized seeds (3-4 strains)	\$120
Cannabis Plants (small)	4/18-6/27	4" square pots	\$20
Cannabis Plants (medium)	5/27-7/15	½ gal pots	\$25
Cannabis Plants (large)	6/17-8/10	3-7 gal pots	\$50-\$75
Herb/Flower/Vegetable Seed	Year Round	Varies by species	\$5
Herb/Flower/Vegetable Plants	5/15-6/30	4" square & 6 packs	\$5
Seed Potatoes	Beginning 4/18	1 lb	\$5
Dahlia Tubers	Beginning 6/1	per tuber	\$8
Garlic	Beginning 9/1	1 lb	\$30

Cannabis Plant Starts

We love baby plants! Starting from seed isn't for everyone. So, we offer a selection of plants for sale to the public in the Spring. If you see 🌱 then we intend on having some baby plants of that variety.

Visit our nursery for PLANTS and complete SEED selection

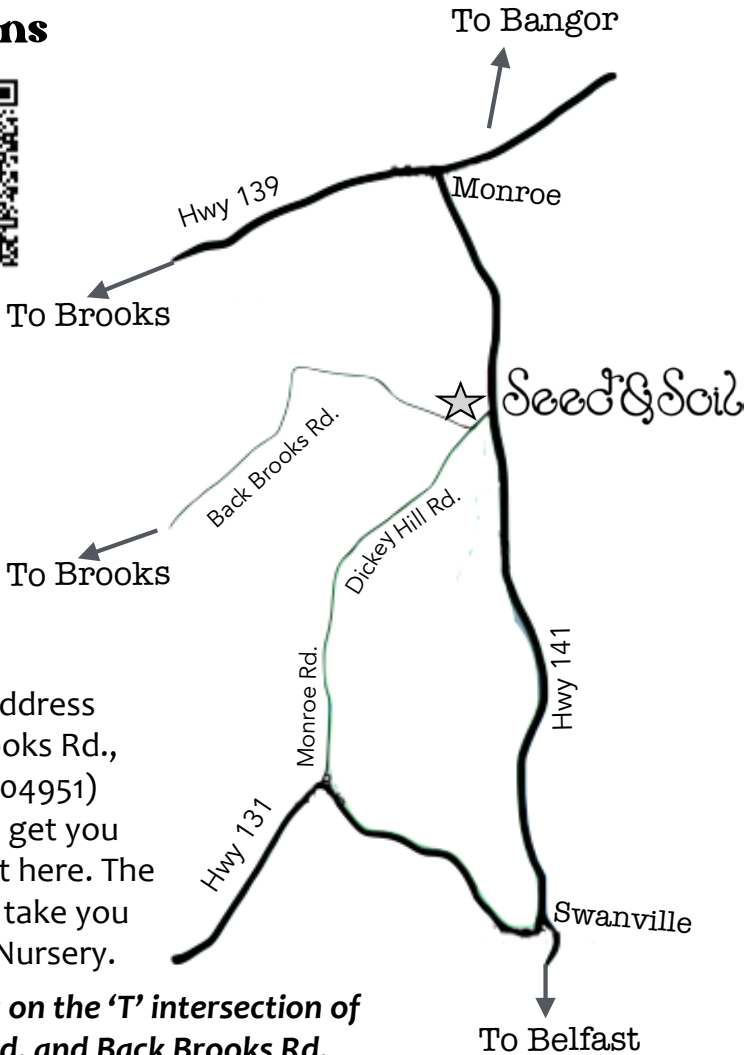
~~ Cannabis, Herb, Flower & Vegetable ~~

Wednesday and Saturday 10am - 3:30pm, April 18 - June 27

Or outside of these hours and dates BY APPOINTMENT

Important note about our potting mix: we blend our own from raw Maine peat moss, homemade compost worm castings, and perlite. We make no phytosanitary guarantee on our baby plants, our seedling mix is born in the great outdoors and not sterilized.

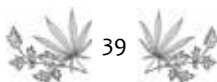
Directions



Beware:

Typing our address (75 Back Brooks Rd., Monroe ME 04951) into GPS will get you close but not here. The QR here will take you right to the Nursery.

We are right on the 'T' intersection of Dickey Hill Rd. and Back Brooks Rd.



Seed & Soil

75 Back Brooks Rd.
Monroe, ME 04951

phone: 207-808-0955

email: info@seedandsoilmaine.com

Instagram: [@seedandsoilmaine](https://www.instagram.com/seedandsoilmaine)

By appointment year-round!



Schedule a
Visit

Nursery Hours:

April 18th - June 27th

Wednesdays

& Saturdays

10 am - 3:30 pm

Please come during hours or make an appointment:

Our days are full and scheduled - an appointment guarantees service. Please DO NOT come unannounced outside of business hours.

